

October 2021

BREAKFAST IN THE CLASSROOM



MONDAY

This institution is an equal opportunity provider.

MENU IS SUBJECT TO CHANGE.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Banana Bread
OR Muffin

1

CHEESEBURGER
OR HAMBURGER
OR EZ JAMMER

Chips

Breakfast Burrito
OR Crunch Bar

4

CHICKEN NUGGETS
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Muffin
UNCRUSTABLES

5

String Cheese, Elf
Grahams, Applesauce,
Baby Carrots, Milk
GRAB & GO MEAL SERVICE
All school kitchens open
for meal pickup from 10
a.m. until 12 p.m.

French Toast Sticks
OR Mini Bagel

6

MAC & CHEESE
OR MUFFIN BASKET
OR MEAT & CRACKERS
LUNCHABLE

Mini Waffles
OR Mini Pancakes

7

**GRILLED CHEESE &
TOMATO SOUP**
OR MUFFIN BASKET
OR TURKEY SANDWICH

Muffin
OR Crumb Square

8

**BREADED CHICKEN
SANDWICH**
OR SPICY CHICKEN
SANDWICH
OR EZ JAMMER
Chips

Mini Pancakes
OR Crunch Bar

11

**DRUMSTICK with
CORN MUFFIN**
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

French Toast Sticks
OR Mini Bagel

12

PIZZA
OR MUFFIN BASKET
OR TURKEY HAM
SANDWICH
Cookie

Breakfast Pizza
OR Banana Bread

13

CORN DOG
OR EZ JAMMER
Chips

14

FALL RECESS

15

Mini Waffles
OR Crumb Square

18

**POPCORN CHICKEN
& WAFFLES**
OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Syrup, Cookie

Breakfast Burrito
OR Mini Pancakes

19

HOT DOG
OR MUFFIN BASKET
OR TURKEY HAM
SANDWICH
Potato Wedges

French Toast Sticks
OR Mini Bagel

20

TERIYAKI CHICKEN & RICE
OR MUFFIN BASKET
OR MEAT & CRACKERS
LUNCHABLE

Breakfast Pizza
OR Poptart & Cheese

21

CHICKEN NUGGETS
OR MUFFIN BASKET
OR TURKEY SANDWICH
Rice Krispies Treat

Banana Bread
OR Muffin

22

CHEESEBURGER
OR HAMBURGER
OR EZ JAMMER
Chips

Breakfast Burrito
OR Crunch Bar

25

CHILI & CHIPS
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Breakfast Pizza
OR Poptart & Cheese

26

PIZZA
OR MUFFIN BASKET
OR TURKEY HAM
SANDWICH

French Toast Sticks
OR Mini Bagel

27

COUNTRY FRIED STEAK
OR MUFFIN BASKET
OR MEAT & CRACKERS
LUNCHABLE
Dinner Roll, Mashed
Potatoes, Gravy

Mini Waffles
OR Mini Pancakes

28

CHEESE ENCHILADAS
OR MUFFIN BASKET
OR TURKEY SANDWICH
Pudding

Muffin
OR Crumb Square

29

**BREADED CHICKEN
SANDWICH**
OR SPICY CHICKEN
SANDWICH
OR EZ JAMMER
Cookie, Chips

2021-2022 MEAL PRICES

ALL STUDENTS, regardless of income status may receive one **FREE** breakfast and one **FREE** lunch each day they attend school during the 2021-2022 school year.

ADULT MEALS & 2nd STUDENT MEALS

Breakfast	\$2.50
Lunch	\$3.50

This school participates in the **BREAKFAST IN THE CLASSROOM PROGRAM**. All students are eligible for **FREE** breakfast daily and will eat in their classrooms with their classmates at the beginning of the school day.

During **LUNCH**, students must choose at least 3 of the following 5 components: **Low-fat milk, whole grains, fruits, vegetables, and protein**. When choosing ingredients and entrees to serve for our program we look for foods that are **lean, low-fat, low-sodium, low-sugar, and whole grain rich**. Students are able to choose whichever healthy foods they like best.

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.

MENU IS SUBJECT TO CHANGE.