

# BREAKFAST

This institution is an equal opportunity provider

# OCTOBER 2021

Deans Mill & West Vine

ALL student meals are available at  
no cost through June 30, 2022!

Adults-\$2.50

Monday

Tuesday

Wednesday

Thursday

Friday

Daily Choice

4

Hot Breakfast Sandwich  
Cinnamon Roll  
Pancakes  
Chef's Choice

Daily Choice

5

Hot Breakfast Sandwich  
Yogurt Parfait  
WG Sprinkle Donut Ring  
Chef's Choice

Daily Choice

6

Hot Breakfast Sandwich  
Apple Roll  
Bagel w/Cream Cheese  
Chef's Choice

Daily Choice

7

Hot Breakfast Sandwich  
Homemade Muffin  
WG Banana Bread  
Chef's Choice

Daily Choice

8

Hot Breakfast Sandwich  
French Toast Sticks  
Raspberry Bar  
Chef's Choice

11

*No School  
Indigenous Peoples' Day*

Daily Choice

12

Hot Breakfast Sandwich  
Yogurt Parfait  
WG Sprinkle Donut Ring  
Chef's Choice

Daily Choice

13

Hot Breakfast Sandwich  
Apple Roll  
Bagel w/Cream Cheese  
Chef's Choice

Daily Choice

14

Hot Breakfast Sandwich  
Homemade Muffin  
WG Banana Bread  
Chef's Choice

Daily Choice

15

Hot Breakfast Sandwich  
French Toast Sticks  
Raspberry Bar  
Chef's Choice

18

Daily Choice

Hot Breakfast Sandwich  
Cinnamon Roll  
Pancakes  
Chef's Choice

Daily Choice

19

Hot Breakfast Sandwich  
Yogurt Parfait  
WG Sprinkle Donut Ring  
Chef's Choice

Daily Choice

20

Hot Breakfast Sandwich  
Apple Roll  
Bagel w/Cream Cheese  
Chef's Choice

Daily Choice

21

Hot Breakfast Sandwich  
Homemade Muffin  
WG Banana Bread  
Chef's Choice

Daily Choice

22

Hot Breakfast Sandwich  
French Toast Sticks  
Raspberry Bar  
Chef's Choice

25

Daily Choice

Hot Breakfast Sandwich  
Cinnamon Roll  
Pancakes  
Chef's Choice

Daily Choice

26

Hot Breakfast Sandwich  
Yogurt Parfait  
WG Sprinkle Donut Ring  
Chef's Choice

Daily Choice

27

Hot Breakfast Sandwich  
Apple Roll  
Bagel w/Cream Cheese  
Chef's Choice

Daily Choice

28

Hot Breakfast Sandwich  
Homemade Muffin  
WG Banana Bread  
Chef's Choice

Daily Choice

29

Hot Breakfast Sandwich  
French Toast Sticks  
Raspberry Bar  
Chef's Choice

- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat, RS=Reduced Sugar