

# October 2021 Early Childhood

Meal	Monday 4-Oct	Tuesday 5-Oct	Wednesday 6-Oct	Thursday 7-Oct	Friday 8-Oct
<b>1</b>					
<b>Breakfast</b>	Cereal Bowl Applesauce	Muffin Orange Slices	Breakfast Pastry Apple Slices	Cereal Bowl Mandarin Oranges	Benefit Bar Juice
<b>Lunch</b>					
Entree	Cheese Filled Breadsticks/Marinara	Chicken Tenders	Beef Rib B-Q	Omelet/Muffin	Pizza
Veg	Broccoli Florets	Roasted Potatoes	Green Beans	Emoji Fries	Cucumbers
Fruit	Pears	Pineapples	Peaches	Orange Slices	Apple Slices
<b>Snack</b>	Zee Zee Bar Peaches	Bug Bites Yogurt Cup	Muffin Cheese Stick	Cheese Cubes Applesauce	Mini Bread Loaf Fruit Cocktail
<b>2</b>	<b>11-Oct</b>	<b>12-Oct</b>	<b>13-Oct</b>	<b>14-Oct</b>	<b>15-Oct</b>
<b>Breakfast</b>		Mini Pancakes Peaches	Cereal Bowl Applesauce	Zucchini Bread Apple Slices	Appleways Bar Orange Slices
<b>Lunch</b>	<b>NO SCHOOL - Columbus Day</b>				
Entree		Bean & Cheese Burrito/Salsa	Chicken Nuggets	Beef Taco/Soft Shell	Chicken Patty/Bun
Veg		Vegetarian Beans	Red Pepper Strips	Refried Beans	Seasoned Potato Wedges
Fruit		Strawberries	Pineapples	100% Juice Ice Slushie	Apple Slices
<b>Snack</b>	Goldfish Crackers Apple Slices	Bug Bites Pears	Animal Crackers Yogurt Cup	Muffin Applesauce	Cereal Bowl Milk or Fruit Cocktail
<b>3</b>	<b>18-Oct</b>	<b>19-Oct</b>	<b>20-Oct</b>	<b>21-Oct</b>	<b>22-Oct</b>
<b>Breakfast</b>	Breakfast Bar Peaches	Mini Cinnis Juice	Banana Bread Orange Slices	Zee Zee Bar Applesauce	Cereal Bowl Fruit Cocktail
<b>Lunch</b>					
Entree	Cheese Quesadilla	Pizza	Chicken Tenders	French Bread Pizza	Chicken & Rice Bowl
Veg	Salsa	Broccoli Florets	Green Beans	Baked Fries	Oriental Vegetables
Fruit	Applesauce	Pears	Mandarin Oranges	Orange Slices	Apple Slices
<b>Snack</b>	Muffin Cheese Stick	Cheez-It Crackers Pineapples	Mini Bread Loaf Apple Slices	Bug Bites Yogurt Cup	Muffin Cheese Cubes
<b>4</b>	<b>25-Oct</b>	<b>26-Oct</b>	<b>27-Oct</b>	<b>28-Oct</b>	<b>29-Oct</b>
<b>Breakfast</b>	Cereal Bowl Applesauce	Mini Pancakes Juice	Appleways Bar Fruit Cocktail	Fruit Filled Pastry Orange Slices	Zee Zee Bar Applesauce
<b>Lunch</b>					
Entree	Chicken Nuggets	Omelets/Muffin	Pizza	Grilled Cheese	Chicken Nachos
Veg	Celery Sticks w/Dip	Roasted Potatoes	Waffle Fries	Red Pepper Strips	Black Beans
Fruit	Peaches	100% Juice Ice Slushie	Orange Slices	Apple Slices	Mandarin Oranges
<b>Snack</b>	Muffin Cheese Stick	Zee Zee Bar Applesauce	Bug Bites Yogurt Cup	Mini Bread Loaf Pears	Goldfish Crackers Cheese Cubes