

October 2021 Day Care

Meal	Monday 4-Oct	Tuesday 5-Oct	Wednesday 6-Oct	Thursday 7-Oct	Friday 8-Oct
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Breakfast	Cereal Bowl Applesauce	Muffin Orange Slices	Breakfast Pastry Apple Slices	Cereal Bowl Mandarin Oranges	Benefit Bar Juice
Lunch					
Entree	Cheese Filled Breadsticks/Marinara	Chicken Tenders	Beef Rib B-Q	Omelet/Muffin	Pizza
Veg	Broccoli Florets	Roasted Potatoes	Green Beans	Emoji Fries	Cucumbers
Fruit	Pears	Pineapples	Peaches	Orange Slices	Apple Slices
2	11-Oct	12-Oct	13-Oct	14-Oct	15-Oct
Breakfast		Mini Pancakes Peaches	Cereal Bowl Applesauce	Zucchini Bread Apple Slices	Appleways Bar Orange Slices
Lunch	NO SCHOOL - Columbus Day				
Entree		Bean & Cheese Burrito/Salsa	Chicken Nuggets	Beef Taco/Soft Shell	Chicken Patty/Bun
Veg		Vegetarian Beans	Red Pepper Strips	Refried Beans	Seasoned Potato Wedges
Fruit		Strawberries	Pineapples	100% Juice Ice Slushie	Apple Slices
3	18-Oct	19-Oct	20-Oct	21-Oct	22-Oct
Breakfast	Breakfast Bar Peaches	Mini Cinnis Juice	Banana Bread Orange Slices	Zee Zee Bar Applesauce	Cereal Bowl Fruit Cocktail
Lunch					
Entree	Cheese Quesadilla/Salsa	Pizza	Chicken Tenders	French Bread Pizza	Chicken & Rice Bowl
Veg	Grape Tomatoes	Broccoli Florets	Green Beans	Baked Fries	Oriental Vegetables
Fruit	Applesauce	Pears	Mandarin Oranges	Orange Slices	Apple Slices
4	25-Oct	26-Oct	27-Oct	28-Oct	29-Oct
Breakfast	Cereal Bowl Applesauce	Mini Pancakes Juice	Appleways Bar Fruit Cocktail	Fruit Filled Pastry Orange Slices	Zee Zee Bar Applesauce
Lunch					
Entree	Chicken Nuggets	Omelets/Muffin	Pizza	Grilled Cheese	Chicken Nachos
Veg	Celery Sticks w/Dip	Roasted Potatoes	Waffle Fries	Red Pepper Strips	Black Beans
Fruit	Peaches	100% Juice Ice Slushie	Orange Slices	Apple Slices	Mandarin Oranges