



Tracy Gleason, Professor of Psychology
The Importance of Imagination for Social Relationships and Well-Being

Post-lecture Discussion Guide

1. In what ways does imagination play a role in your social life?
2. Have you encountered social uses of imagination not discussed in the talk?
3. How might social development be different if children did not have the use of imagination?
4. The relation between imagination and emotion is complex. Why might the association between imagined situations/events and real emotions be advantageous to our social lives?
5. Research demonstrates increased empathy among those who read a lot of fiction. How do you interpret the information discussed in the lecture in relation to that?