

DUGSIGA MADAXBANNAAN DEGMADA 196  
Dugsiyada Dadweynaha Rosemount-Apple Valley-Eagan  
Waxbaridda ardaydeena si ay u gaaraan awoodooda buuxda

Lambarka Taxanaha ah **604.4.1.1.2P** La-korsaday **Sebteembar 1991** Dib loo eegay **Oktoobar 2019**

**Cinwaanka Su'aalo Waydiimaha Caafimaadka Isboortiga Sannadlaha ah ee Dugsiga Dhexe, Siideynta Ka-qaybgalka iyo Khidmadaha**

Magaca Ardayga: \_\_\_\_\_ Fasalka \_\_\_\_\_

Sax (✓) cayaaraha aad hadda bixinayso; si waafaqsan Xeerka Maamulka 507.2AR. Lacagta isboorti kasta waa \$110; ardaydu waxay ka qaybgeli karaan hal isboorti xilli kasta. **Haddii ardaygu ka tago waxqabad shan maalmood gudahood, lacagtu waa la soo celin doonaa.**

<p><b>Xilliga Dayrta</b></p> <p>_____ Kubadda Cagta Gabdhaha</p> <p>_____ Kubadda Cagta Wiilasha</p> <p>_____ Gabdhaha Tennis</p> <p>_____ Kubada Gacanta Gabdhaha</p> <p>_____ Ciyaarta Orodka Masaafada dheer ee Wiilasha</p> <p>_____ Ciyaarta Orodka Masaafada dheer ee Gabdhaha</p>	<p><b>Xilliga Jiilaalka I</b></p> <p>_____ Kubadda Kolayga Gabdhaha</p> <p>_____ Ciyaarta Lagdinta Wiilasha</p> <p><b>Xilliga Jiilaalka II</b></p> <p>_____ Kubadda Kolayga Wiilasha</p>	<p><b>Xilliga Guga</b></p> <p>_____ Ciyaarta Orodka Wiilasha</p> <p>_____ Ciyaarta Orodka Gabdhaha</p> <p>_____ Wiilasha Tennis</p> <p><b>Xilliga Jiilaalka II</b></p> <p>_____ Ciyaarta Dabaasha Wiilasha</p> <p>_____ Ciyaarta Dabaasha Gabdhaha</p>
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**Fasalada 7-12, Barnaamijyada Dugsiga Sare- – Ardayda doonaysa inay tijaabiyaan cayaarahaan waa inay iska diiwaangeliyaan oo lacagta ku bixiyaan dugsiga sare ee aaggooda markay imaanayaan iyagoo isticmaalaya foomkan.** Lacagta isboorti kasta oo loogu talagalay dadka itaalka daran waa \$110; kuwa kale oo dhan waa \$149.

<p><b>Xilliga Dayrta</b></p> <p>_____ Kubbadda Cagta ee dadka Itaalka daram, CI/PI</p>	<p><b>Xilliga Jiilaalka</b></p> <p>_____ Jimicsiga Gabdhaha</p> <p>_____ Ciyaaraha Barafka</p> <p>daram, CI/PI</p> <p>_____ Kubada Usha Lagu ciyaaro ee Gabdhaha</p> <p>_____ Kubada dDhulka laguna ciyaaro Usha ee dadka itaalka daran, CI/PI</p>	<p><b>Xilliga Guga</b></p> <p>_____ Kubadda Gacanta ee Gabdhaha</p> <p>_____ Kubbadda Gacanta ee dadka Itaalka</p>
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OGAYSIIN LOOGU TALAGALAY ARDAYDA IYO WAALIDIINTA/MAS'UULIYIINTA: Ardayda dhigta dugsiga dhexe ee ka qaybgalaya ciyaaraha dugsiga sare lagama sii deyn doono dugsiga goor hore si ay uga qaybgalaan tababarka, laakiin waxaa laga yaabaa in la sii daayo goor hore si ay uga qayb galaan tartamada. Gaadiidka lagaga qaadayo dugsiga dhexe laguna gaynayo dugsiga sare waa mas'uuliyadda waalidka.

**OGAYSIIN LOOGU TALAGALAY ARDAYDA IYO WAALIDIINTA/MAS'UULIYIINTA: Si ay uga qaybqaataan tababar kasta iyo ciyaaro kasta, ardaygu waa inuu haystaa foomka baaritaanka jireed ee u qalma isboortiga oo sax ah oo ku jira faylka dugsigiisa ama dugsigeeda. Diiwaangelinta LAMA aqbali doono ilaa foom jireed oo u qalma isboortiga la keeno ama la geliyo faylka. Haddii ardaygu dhawaan lahaa jir-u-qalma isboortiga, ku lifaaq warqad saxiixan oo ka timid dhakhtarka iyadoo leh taariikhda jir ahaaneed ama nuqulka foomka baaritaanka jirka.**

Miyaad haysaa foom jireed laga soo bilaabo saddexdii sano ee la soo dhaafay oo faylka dugsiga kujiro? \_\_\_\_\_  
Haa \_\_\_\_\_ Maya \_\_\_\_\_ Haddii aad dhawaan qabtay baaris jidh, fadlan ku soo celi foomka oo ay la socoto lacagta kaqaybqaadashada.

Su'aalaha soo socda waa inuu ka jawaabaa waalidka ama mas'uulka: **(fadlaan goobaab)**

1. Ardayga ma isbitaal la dhigay tan iyo markii lagu sameeyay baaritaankii jir ee kor ku qoran? HAA MAYA
  2. Miyuu ardaygu qabay dhaawac weyn tan iyo markii lagu sameeyay baaritaankii jir ee kor ku qoran? HAA MAYA
  3. Ardaygu miyuu u baahday daawo uu u isticmaalo si joogto ah maalin walba ama marmar? HAA MAYA
- (Tusaale: daawada sonkorta maalin walba ama daawada neefta oo weerar leh)
4. Ardayga miyuu miyir doorsoomay wakhti kasta 12kii bilood ee la soo dhaafay? HAA MAYA
  5. Ardaygu miyuu qaatay daawada teetanada (qufulka) oo dheeraad ah 10kii sano ee la soo dhaafay? HAA MAYA
  6. Ardaygu miyuu yeeshay hal ama in ka badan falcelinada xasaasiyadeed ee daran? HAA MAYA
  7. Miyaad ogtahay ama rumaysan tahay inay jirto sabab caafimaad oo aan ardaygani HAA MAYA  
uga qaybqaadan karin ciyaaraha dugsiga dhexe? Hadday taasi jirto, sabab? \_\_\_\_\_

**Qofka saxiixay, halkan,**

- A. Wuxuu siinayaa oggolaansho in ardayga kor ku magacaaban uu ka qaybqaato hawlaha ciyaaraha dugsiga;
- B. Wuxuu siinayaa oggolaansho inuu ardayga aado safaro la kormeerayo ee ku xiran hawlaha ciyaaraha;
- C. Wuxuu fahamsan yahay inay tahay in ardaygu ka fogaado tababarka ama ciyaarta inta lagu jiro daaweynta caafimaad ilaa isaga  
ama iyada uu siiyo oggolaansho qoraal ah dhakhtar si uu dib ugu bilaabo ka-qaybgalka;

- D. Wuxuu fahamsan yahay in dugsiyada dhexe ay raacaan tilmaamaha Minnesota State High School League marka loo eego daroogada iyo aalkolada;
- E. Waxuu caddaynayaa waalidka/mas'uulka iyo ardaygu inay heleen oo akhriyeen xaashida macluumaadka doorsoonka ee CDC ee laga helay dhinaca dambe ee dukumintigan, iyo
- F. Wuxuu caddaynayaa in jawaabaha su'aalaha kor ku xusan ay sax yihiin oo run yihiin.

**Ogolaanshaha waalidka/mas'uulka, su'aalo waydiimaha caafimaadka iyo lacagta kaqaybgalka waa in la buuxiyaa, la saxiixaa oo la galiyaa faylka xafiiska dugsiiga ka hor inta aan ardayga loo oggolaan inuu tababarto ama ciyaaro.**

Waxaan ku lifaaqayaa \$\_\_\_\_\_ (jeegag ayaa la siin karaa dugsiiga)

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Saxiixa waalidka ama mas'uulka

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Saxiixa ardayda

\_\_\_\_\_  
Helay

\_\_\_\_\_  
Taariiqda

\$ \_\_\_\_\_

\_\_\_\_\_  
Qaddarka lacagta la helay