

LifeStyles, Inc.

WARM MEALS SERVING HOMELESS AND FAMILIES AT RISK IN CHARLES COUNTY

Organization	ADDRESS	PHONE NUMBER	HOURS AND DAYS OF OPERATION
MONDAYS			
St. James Episcopal Church	7 Potomac Avenue Indian Head, MD 20640	301-743-2366	<ul style="list-style-type: none"> ▪ Dinner once every other month on the 4th Mondays (March/May/July/Sept/Nov) from 5:00pm – 6:30pm ▪ No Fee
Our Place	Good Shepherd UMC 305 Smallwood Drive Waldorf, MD 20602	301-843-6797	<ul style="list-style-type: none"> ▪ Dinner served from 5:00-6:15pm ▪ A Bag of Food is given ▪ No Fee
TUESDAYS			
First Baptist Church of St. Charles	126 Stoddert Avenue Waldorf, MD 20602	301-638-0589	<ul style="list-style-type: none"> ▪ Dinner served at 5:30pm ▪ No Fee
WEDNESDAYS			
Trinity Baptist Church	2671 Mattawoman-Beantown Rd. Waldorf, MD 20601	301-645-7889	<ul style="list-style-type: none"> ▪ Dinner served from 6 – 6:45 pm ▪ No Fee
The Arnold House @ Metropolitan UMC	3385 Metropolitan Church Rd. Indian Head, MD 20640	301 375-9088	<ul style="list-style-type: none"> ▪ Dinner served from 5-7pm ▪ Bags of food are also distributed ▪ No Fee
THURSDAYS			
Our Place	Good Shepherd UMC 305 Smallwood Drive Waldorf, MD 20602	301-843-6797	<ul style="list-style-type: none"> ▪ Dinner served from 5:00-6:30pm ▪ A Bag of Food is given ▪ No Fee
FRIDAYS			
Our Place @ Calvary United Methodist Church	Calvary UMC 3235 Leonardtown Road Waldorf, MD	301-645-5247	<ul style="list-style-type: none"> ▪ Dinner served from 5:00-6:30pm ▪ No Fee

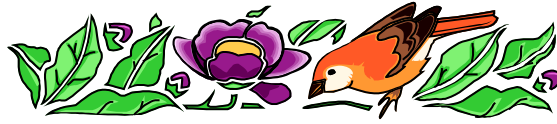
SATURDAYS AND SUNDAYS- VACANT

OTHER SERVICES:

LifeStyles (101 Catalpa Dr., Ste. 103, LaPlata, MD 20646; 1-866-293-0623)

- Provides bag lunches daily – Monday-Friday 9:30-5:00pm
- No fee

LifeStyles of Maryland Foundation, Inc.
 101 Catalpa Drive, Suite 103; P.O. Box 1794
 La Plata, Maryland 20646
 301-609-9900 (Office) 301-609-9800(Fax)
 866-293-0623 Toll Free
 REVISED 10/26/18- T.R



LifeStyles, Inc.

WEEKEND FOOD BACKPACKS IN CHARLES COUNTY

Organization	ADDRESS	PHONE NUMBER	NOTES
The Arnold House	No address provided	202.494.7556	<ul style="list-style-type: none"> ▪ Back Packs are dropped off at the following schools: Barnhart ES, Higdon ES, Smallwood MS, Indian Head ES, and Benjamin Stoddert MS ▪ Arnold House works with the Pupil Personnel Workers at each school
La Plata United Methodist (for Matula ES only)	3 Port Tobacco Road La Plata, MD 20646	301.934.2288	<ul style="list-style-type: none"> ▪ "Fish Packs" are given out on Fridays ▪ 5 families were adopted ▪ Families have to sign up with Matula ES front office first ▪ Donations & Sponsorships welcomed
Metropolitan United Methodist Church	3385 Metropolitan Church Road Indian Head, MD 20640	301-375-9088	<ul style="list-style-type: none"> ▪
Mt. Hope Baptist Church	9275 Ironside Road Nanjemoy, MD 20662	301.246.4383	<ul style="list-style-type: none"> ▪ Back Packs are given out on Fridays at Mt. Hope Elementary School ▪ Nanjemoy residents only ▪ Signup at the school office ▪ Donations should be brought to Mt. Hope Baptist Church
Southern Maryland Food Bank (SMFB)	22 Irongate Drive Waldorf, MD 20602	301.274.0695	<ul style="list-style-type: none"> ▪ The Snack Sak Program is not open to the public ▪ SMFB only help sponsored students ▪ They do not select the schools the school board does based on need

Please note: These lists are being provided for information purposes only. The details were provided by the organizations listed. It is not exhaustive and does not guarantee that organizations have services immediately available. *LifeStyles* is also not responsible for the distribution of any items that are provided to children and/or their families.