

OCTOBER 2021

Albany Secondary School

BREAKFAST



School Information: Fresh fruit will be offered to your student daily.



*Menu is subject to change without notice.



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



At-Home Learning Day 1

National Cinnamon Roll Day 4
Mini Cini

Mini Pancakes 5

Waffles 6

Breakfast Pizza 7

Banana Bread Slice 8

Cook's Choice 11

Waffles 12

Sausage Pancake Wrap 13

Long Johns 14

Yogurt or Yogurt Parfaits 15

Apple Frudel 18

Breakfast Sandwiches 19

Pancakes and Sausage 20

No School 21

No School 22

Snack Breads 25

Donut Holes 26

Pancake Bites 27

French Toast 28

Apple Filled Donut 29