

Elementary

Breakfast/Lunch Menu

October 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast ----- Lunch-----	Cereal Bar 27 Breaded Chicken Sandwich or Mini Bagels w/PB Seasoned Potatoes Baby Carrots w/Ranch Pears	Waffles 28 Nachos w/Meat and Cheese Or Pizza Munchable Lettuce/Tomato Cup Refried Beans Pineapple	Blueberry Muffin 29 Pepperoni Calzone Or Chips, Cheese and Salsa Cherry Tomatoes Green Beans Peaches Fruit Slushie	Cinn French Toast 30 Chicken Nuggets or PBJ/Yogurt Broccoli w/Cheese Carrots and Celery Applesauce Gold fish	Yogurt/Grahams 1 AR Tailgating Hot Dog or Turkey Sandwich Baked Beans Fresh Veggies Fruit Cup Cookie	
Fresh Fruit, and Milk served daily with Lunch	Poptarts 4 Cheeseburger or Mini Bagels w/PB Potato Smiles Baby Carrots w/Ranch Pears	Mini Bagel 5 Chicken Quesadilla Or Pizza Munchable Steamed Corn Fresh Mini Peppers Pineapple Fruit Slushie	Chocolate Muffin 6 Spaghetti w/ Meat sauce Garlic Bread or Chips, Cheese and Salsa Cucumbers/Tomatoes Green Beans Peaches	Waffles 7 Mini Corn Dogs or PBJ/Yogurt Baked Beans Carrots and Celery Applesauce Cookie	Yogurt/Grahams 8 Cheesy Breadsticks Or Ham Sandwich Fresh Tossed Salad Fresh Fruit and Vegetable Variety Fruit Cup Goldfish	Fresh Fruit, juice and milk served daily with Breakfast
	Cereal Bar 11 Chicken Drumstick Mac/Cheese or Bagels w/PB Green Beans Baby Carrots w/Ranch Pears	Cinn French Toast 12 Walking Taco or Pizza Munchable Lettuce/Tomato Cup Pinto Beans Applesauce	Blueberry Muffin 13 Hot Dog or Or Chips, Cheese and Salsa Baked Beans Cherry Tomatoes Peaches	Pancakes 14 Orange Chicken or PBJ/Yogurt Rice and Cal Blend Carrots and Celery Mandarin Oranges Rice Krispie Treat	Donuts 15 Fall Cookout Cheeseburger Baked Beans Chips Fresh Veggies Sherbet	We will be offering free meals to all Students until further notice Fall Break week of Oct 18th
This institution is an equal opportunity prover.	Poptarts 25 Salisbury Steak w/Roll Or Bagels w/PB Mashed Potatoes Carrots w/Ranch Peaches	Mini Bagel 26 Soft Taco or Pizza Munchable Refried Beans Lettuce/Tomato Pineapple	Muffin 27 Pancakes/Sausage or Chips, Cheese and Salsa Cucumbers and Tomatoes Hash Brown Potato Applesauce	Donuts 28 Popcorn Chicken or PBJ/Yogurt Broccoli w/Cheese Carrots and Celery Mandarin Oranges Gold Fish	Yogurt/Grahams 29 Pepperoni Pizza or Ham sandwich Fresh Tossed Salad Fresh Fruit and Vegetable Variety Fruit Cup Cookie	Menu subject to change