

# Learning about teamwork in the great outdoors



**“Students learn so many different things on Explore, some of which they won’t fully realize or appreciate until much later in life. Often students think they are learning to survive out in the wild, but they are actually learning experientially about themselves, teamwork and working with others, practicing authentic leadership and the importance of reflection.”**

- Andrew Field, Explore teacher

## DAILY LOGS FROM THE GR. 8 WINTER EXPLORE PROGRAM

**THURSDAY, FEBRUARY 6**

Students travelled to Cypress Mountain for their day trip of cross country skiing.

**MONDAY, FEBRUARY 10**

Prep day. Students prepared for success for in the winter wonderland of Manning Park.

**TUESDAY, FEBRUARY 11**

Spending a night in cabins, the groups practiced community living and cooking in a kitchen. Overnight winter camping took place at the Lone Duck group campsite where students cooked over their camp stove and slept in tents.



**WEDNESDAY, FEBRUARY 12**

Students hiked up then skied down the hill, joining the other group at the downhill for lunch in the sun and doing laps down the slope. Evening included playing games together in the warming hut while enjoying the super hot wood stove. Students made good snow kitchens and also enjoyed relaxing and cooking food in the cabins.

**THURSDAY, FEBRUARY 13**

Students cooked breakfast. We had our pin ceremony then boarded the bus for home. Arrived back to the School at 2pm for gear clean up.



### WHAT DID YOU LEARN FROM YOUR EXPLORE EXPERIENCE?

“Explore taught me about leadership and teamwork. Just learning how to share and help each other is very important because there are many difficult tasks you need to accomplish in many situations.”

- Angelo Zhu

“I learned you can't be in it for yourself. In order to set up your tent and cook a good meal you have to work as a team. It's really team-oriented. It has to be equal and everyone has to happy with the position they are in.”

- Lola Bruce

“I learned when you come into hardship, its only temporary and it's not going to last forever. You always know that you can get through it because it's only temporary.”

- Fredrick Li

“I learned how to work with people I wasn't very familiar with and I learned how to cross country ski. I had never done that before.”

- Mila Scholz

