## **Cub Update**

Character Trait of the Week = Safety/School Rules

Welcome Back

P

PE NEWS

Social Skill of the Week = How I Move in the Classroom





Hello Clemens Families, This week we skipped, hopped, galloped, and sideshuffled, ran the indoor race track, did push-ups and jumping jacks, moved around the gym as airplanes and bugs and played parachute games and rock paper scissors! Please have your child prepared with running/ walking shoes on their feet every day or a pair to change into for P.E. for their safety. Students have P.E. every weekday but Friday. I look forward to another Fun-tastic week of Physical Education next week! Hey Kids, it's a healthy habit to get outside and play at least 60 minutes a day! -Mr. Burnett

PE Teacher Blodgett/ Clemens Primary

## **NEXT WEEK**

MON: Normal Day TUES: Normal Day

WED:



All students in quarantine on this day will get their pictures taken on picture retake day; scheduled for October 26th.

All other students' pictures will be done during the school day, so no appointments are necessary. Ordering will be done on-line. We do have paper forms for pictures in the front office if you would like to order with cash or check. If you would like a paper form, please call the office at 541-929-2082 and we will place one in your student's backpack. To avoid a late order handling charge (\$8), place your order no later than Sunday, October 3rd 2021. Click HERE to order or visit Portraitmasters.com and enter CODE = CPSP921

**THURS:** Normal Day **FRI:**EarlyRelease@12:25



## A NOTE FROM PRINCIPAL COUTURE:

Students are falling into the routine of school and are forming friendships with their fellow classmates! Routinely, we find that KG and 1st grade students go home from school and tell their parents all about the negative things about their day because they are TIRED. I want to encourage you to acknowledge these negative feelings, as they are valid and worthy of attention, (especially if your child is being hurt by someone) but I also want to emphasize there are **A LOT** of good things happening during the day too. By encouraging your child to speak of the positive things happening (friendships they're forming, new things they're learning, new experiences they're having), it will help them to realize they get positive attention from their parents when things are going well, and this helps them to feel safe and comfortable being in school all day.