

## What do quarantine and

isolation and quarantine are actions that help stop the spread of COVID-19 and keep people safe.

## isolation mean?

**Isolation** means that someone who has tested positive for COVID-19 stays home and stays away from other people in their home as much as possible. If your student, or anyone else in your home, tests positive for COVID-19, we ask that they follow isolation guidelines, including any specific instructions from the local public health department.

**Quarantine** means keeping someone who might have been exposed to COVID-19 away from others outside their home. A person can spread COVID-19 before they have symptoms. Quarantine reduces the risk of accidentally spreading the virus to other people. If members of the same household have not directly been in close contact with someone who has COVID-19, and they are not showing symptoms, they do not need to quarantine.



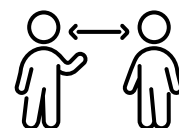
## What does it mean to be exposed to COVID-19 at school?

Exposure means that a student has close contact for longer than 15 cumulative minutes in 24 hours with someone who has COVID-19. If a student is diagnosed with COVID-19, the school will work with local public health officials to determine who was exposed and the need for quarantine.

An exception from quarantine is permitted if students are at least **3 feet apart and they are wearing a face covering**. In this situation, students who are in close contact with another student with COVID-19 don't need to quarantine unless they have symptoms. This doesn't apply to students who were exposed to infected teachers, staff, or adults in a classroom, even if everyone was masked. Fully vaccinated students do not need to quarantine but are advised to watch for symptoms.



### Preventing Quarantine



Questions? Please contact your student's school for more information.