COVID-19 2021-22 Roseburg Public Schools FAMILY GUIDANCE

When should students stay home from school?

- If they are sick, even if they do not have COVID-19 or symptoms of COVID-19.
- If they are showing symptoms of COVID-19.
- If they test positive for COVID-19, even if they show no symptoms.
- If they have been in close contact with someone who has COVID-19 and the school and local public health department recommends quarantine.
- If a member of your household tests positive for COVID-19.





What are the symptoms of COVID-19?

People with COVID-19 can have a wide range of symptoms, ranging from mild to severe. Symptoms may appear 2-14 days after being exposed to the virus. However, it is still possible for someone with no symptoms to be able to spread the virus. Students displaying "primary" COVID-19 symptoms will be required to stay home from school. The "non-primary" COVID-19 symptoms may occur with other illnesses, in addition to COVID-19. If a student shows any of the primary symptoms at school, the school will send them home.

Primary symptoms of COVID-19:

- Cough
- Fever of 100.4 degrees Fahrenheit or higher
- Chills
- Shortness of breath
- Difficulty breathing
- New loss of taste or smell

Non-primary symptoms of COVID-19:

- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Nasal congestion or runny nose
- Nausea or vomiting
- Diarrhea

