



Athletic (CIF, Intramural, PE) Guidelines, 9/22/2021

Indoor athletics (CIF, intramural, and PE) –

- Masks to be worn at all times by all people indoors regardless of vaccination status
 - An attended competition will require all attendees to be masked
- Social distancing where practicable
- Quarantine and Testing per Lodi USD Quarantine Protocols (https://resources.finalsite.net/images/v1627597822/lodiusdnet/kv59mnyw2etgii3vugnu/lodiusd_quarantine_protocols_20210729.pdf)
- Pre-participation testing or periodic testing of asymptomatic persons (athletes and staff) is no longer required for most activities –
 - Cf. CDPH 9/01/2021 [K-12 Guidance 2021-22 School Year \(ca.gov\)](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/2021-09-01-K-12-Guidance-2021-22-School-Year.aspx)
 - *“Masks are required for all persons while playing all indoor sports, unless wearing a mask during play has been determined to pose a choking hazard by a well-recognized health authority, such as the American Academy of Pediatrics” [16]*
 - When choking hazard risk presents, there are two (2) options –
 - Conduct these activities outdoors, or
 - Perform at least weekly screening testing with either PCR testing (1:1 or pooled PCR) or antigen testing of all individuals, including those who are fully vaccinated for the following (if indoor) –
 - competitive cheer, gymnastics while on an apparatus, swimming, diving, water polo and wrestling

Outdoor athletics (CIF, intramural, and PE) –

- Masks are recommended, but not required
- Testing is required if exposure to a laboratory confirmed case occurs (use Azova testing kits)
- Vaccinated but asymptomatic exposed persons may continue to participate, but must undergo testing in order to do so
- Pre-participation testing or periodic testing of asymptomatic persons (athletes and staff) is no longer required
- Symptomatic persons must quarantine for ten (10) days regardless of vaccination status