

Dear Third Grade Parent or Guardian:

This school year your child will receive personal health and safety education as part of the Richfield Public Schools overall health education curriculum. The curriculum we are using is called Rights, Respect, Responsibility: A K-12 curriculum, which was created by Advocates for Youth. This curriculum aligns with national personal health and safety education standards and provides guidance on the essential minimum core content that is age-appropriate for students in grades K-12. A video titled "Consent for Kids" will supplement the "Feeling Safe" lesson and explain that children can never consent to sexual touch or activity.

Topics in this curriculum will include:

Feeling Safe: Students learn about boundaries and what to do if someone doesn't respect their boundaries or makes them uncomfortable ([with video](#)).

The school social worker will be teaching these lessons. The lessons are approximately 30 minutes long. You can review the lesson material [here](#). You are welcome to contact the school social worker if you have any questions.

Richfield Public Schools acknowledges that parents/guardians are the primary health and safety educators for their child/children and we are committed to partnering with you to provide supplementary resources to support you in this role.

Parents/guardians have the option of exempting their child from any portion of this personal health and safety education instruction. If you **DO NOT** want your child to participate in one or both of these lessons, please fill out the exemption form on the back and return it to your child's teacher.

Sincerely,
(School Social Worker Name and Contact Information)

Exemption Form

I wish for my child, _____, to be excused from this portion of the personal health and safety unit:

- Respect For All
- Feeling Safe

Parent/Guardian Signature _____ Date _____