

Dear Second Grade Parent or Guardian:

This school year your child will receive personal health and safety education as part of the Richfield Public Schools overall health education curriculum. The curriculum we are using is called Rights, Respect, Responsibility: A K-12 curriculum, which was created by Advocates for Youth. This curriculum aligns with national personal health and safety education standards and provides guidance on the essential minimum core content that is age-appropriate for students in grades K-12.

Topics in this curriculum will include:

- Understanding Bodies, The Basics: Students will learn the correct names of their body parts (including genitals), that certain body parts are private, and what to do if someone touches them or makes them uncomfortable.
- Seeking Help: The purpose of this lesson is to teach students that teasing, touching, bullying, or being forced to touch someone else is never okay. Students learn how to get help in these situations.

The school social worker or Health Resource Coordinator will be teaching these lessons. The lessons are approximately 30 minutes long. You are welcome to contact the school social worker if you have any questions or would like to preview the lessons.

Richfield Public Schools acknowledges that parents/guardians are the primary health and safety educators for their child/children and we are committed to partnering with you to provide supplementary resources to support you in this role.

Parents/guardians have the option of exempting their child from any portion of this personal health and safety education instruction. If you **DO NOT** want your child to participate in one or both of these lessons, please fill out the exemption form on the back and send it to your child's teacher.

Sincerely,
(School Social Worker Name & Contact Information)

Exemption Form

I wish for my child, _____, to be excused from this portion of the personal health and safety unit:

- Understanding Our Bodies
- Seeking Help

Parent/Guardian Signature _____ Date _____