

Dear First Grade Parent or Guardian:

In the first week of April, your child will receive personal health and safety education as part of the Richfield Public Schools overall health education curriculum. The curriculum we are using is called Rights, Respect, Responsibility: A K-12 curriculum, which was created by Advocates for Youth. This curriculum aligns with national personal health and safety education standards and provides guidance on the essential minimum core content that is age-appropriate for students in grades K-12.

This year, there is only one lesson for 1st grade students:

Gender Roles: The teaching point of this lesson is that there are many messages in society about how different genders behave, but that students are not limited in what they can do based on gender. We show respect to all people even if they behave in a way that is not endorsed for their gender (i.e. boys might like to dance or cook, girls might enjoy baseball or can become pilots).

The school social worker or Health Resource Coordinator will be teaching these lessons. The lessons are approximately 30 minutes long. You are welcome to contact the school social worker if you have any questions or would like to preview the lessons.

Richfield Public Schools acknowledges that parents/guardians are the primary health and safety educators for their child/children and we are committed to partnering with you to provide supplementary resources to support you in this role.

Parents/guardians have the option of exempting their child from any portion of this personal health and safety education instruction. If you **DO NOT** want your child to participate in one or both of these lessons, please fill out the exemption form on the back and return it to your child's teacher.

Sincerely,  
(Social Worker Name and Contact Information)

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### Exemption Form

I wish for my child, \_\_\_\_\_, to be excused from this portion of the personal health and safety unit:

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_