

The Haberdashers' Pre-Prep School

Autumn Menu 2021 – W/C 27 September 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Crudités of the day	Mixed vegetable crudites	Mixed vegetable crudites	Mixed vegetable crudites	Mixed vegetable crudites	Mixed vegetable crudites
Main course	BBQ chicken thigh	Roast chicken thigh	WORLD HEART DAY Turkey and leek potato topped pie	Beef ragu, pasta and grated cheese	Sustainable fish fingers and sauce selection
Vegetarian / Vegan main	Plant based squash and pea risotto	Plant based mushroom, chickpea and sweet potato sausage roll	WORLD HEART DAY Plant based pumpkin, bean and lentil potato topped pie	Vegetable and tomato sauce pasta and grated cheese	Plant based vegetable fingers and sauce selection
Sides	Potato wedges Broccoli florets	Roast new potatoes Green vegetable medley	New potatoes Cabbage and kale	Green vegetable medley Sweetcorn	Chunky chips Mushy peas / Garden peas
Deli salad	Chef's BIG salad bowl of the day	Chef's BIG salad bowl of the day	Chef's BIG salad bowl of the day	Chef's BIG salad bowl of the day	Chef's BIG salad bowl of the day
Simple salads	Tomato, cucumber, sweetcorn, grated carrot and seasonal leaves	Tomato, cucumber, sweetcorn, grated carrot and seasonal leaves	Tomato, cucumber, sweetcorn, grated carrot and seasonal leaves	Tomato, cucumber, sweetcorn, grated carrot and seasonal leaves	Tomato, cucumber, sweetcorn, grated carrot and seasonal leaves
Simple jacket / pasta bar	Pasta 50 / 50 with tomato sauce and grated cheddar cheese	Jacket potato with baked beans and grated cheddar cheese	Pasta 50 / 50 with tomato sauce and grated cheddar cheese	Jacket potato with baked beans and grated cheddar cheese	Pasta 50 / 50 with tomato sauce and grated cheddar cheese
Daily dessert	Daily fresh fruit pot	Iced orange slice	Daily fresh fruit pot	Banana chocolate cake	Daily fresh fruit pot
Fruit & yoghurt	Strawberry yoghurt	Apricot yoghurt	Blueberry yoghurt	Mango yoghurt	Raspberry yoghurt