

Menu



Mayfield Girls School

Week 4	Monday 27/9	Tuesday 28/9	Wednesday 29/9	Thursday 30/9	Friday 1/10	Saturday 2/10	Sunday 3/10
Cooked Breakfast	Fried egg, mini waffles, plum tomatoes & baked beans	Belgian waffles, Greek yoghurt & berries	Bacon, poached eggs & mushrooms *Fresh smoothies	Sausages, scrambled eggs & baked beans	Hash browns, boiled egg, & grilled tomatoes *Hot chocolate	Bacon, mushrooms, scrambled egg & baked beans	
Lunch Main Meal	Pork & apple sausages with onion gravy	Spaghetti Bolognese	Prawn & chorizo stir fry noodles	Chicken Makhani garnished with pomegranate & coriander	Calamari with garlic mayonnaise & lemon wedges	Sticky BBQ ribs	Garlic & thyme roasted chicken quarters with stuffing and gravy
Lunch Vegetarian	Spicy bean burger in a pretzel bun with smoked cheddar & tomato relish	Sicilian spaghetti alla Norma	Margarita flatbread pizza	Giant potato, cauliflower & pea samosa with mango chutney	Sweet potato, rosemary and gruyere tart	Cheese & onion quiche	Stuffed butternut with lentils & peppers
Lunch Side Dishes	Buttered mashed potatoes, seasoned greens & roast carrots	Focaccia & garlic green beans	Steamed broccoli	Rice, roasted cauliflower with mustard & roast carrots	Chips & peas	Curly fries & slaw	Boulangere potatoes, steamed carrots & sautéed leek, bacon & peas
Salad Bar Specials	Thai ginger salad	Harissa chicken & brown rice salad	Grilled sausage & sweet potato salad	Tomato, basil & lemon orzo	Garlicky prawn, courgette & cous cous salad	Salad of the day	
	BLT chopped salad	Fried courgette, edamame & basil pasta salad	Roasted vegetable & quinoa salad with grilled halloumi	Broccoli & chickpea salad	Vegan Bibimbap salad		
Jacket Potato & Topping	Baked beans	Baked Beans	Baked beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Smores brownie	Warm plum tart with custard	Blackberry & lemon NY cheesecake	Caramelised banana pudding with custard	White chocolate & raspberry pudding with cream	Dessert of the Day	Dessert of the Day
Supper Main Meal	Peri Peri boneless chicken thighs	Duck Ramen	Pulled pork enchiladas	Beef burger in a brioche bun	Veggie lasagne	Turkey steak with a mushroom sauce	Ham & fried egg
Supper Vegetarian	Peri Peri halloumi fries	Tofu Ramen	Pulled jackfruit enchiladas	Panko mushroom in a brioche bun		Polenta with mushroom ragu	Cauliflower rarebit
Supper Side Dishes	Coriander rice, edamame beans & sweetcorn, coleslaw	Beansprouts, bok choi, boiled egg, pickled carrot, chilli sauce	Grilled corn on the cob & patatas bravas	Fries & coleslaw	Pine nut & rocket salad, roasted Mediterranean veg	Thyme roast potatoes, green beans & garlic wilted spinach	Chips & peas
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
Jacket Potatoes	Jacket Potatoes or Baked Sweet Potatoes With Beans Served Daily						
Dessert	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Fresh fruit, yoghurt and jellies
Dietary Requirements	<p style="text-align: center; color: red;">All our food is made fresh on site every day.</p> <p style="text-align: center; color: red;">We always make sure we have gluten free and dairy free options on both our hot counters and cold counters.</p> <p style="text-align: center; color: red;">Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.</p>						