ELMBROOK SCHOOLS
Family Wellness Center

Finding a closer
healthcare **community**

Tommy Zetting and his spouse—a teacher with Elmbrook Schools—have been using the Elmbrook Schools Family Health and Wellness Center since 2015. And for Tommy, it's changed the way he approaches his own health.

"I'm somebody who never used to really go to the doctor," he says. "Maybe once a year for a physical. If I was sick, too bad. Or hurt, too bad. I pushed off getting treatment for my migraines, my mental health. I'd just go in once a year to get it over with."

But the tailored care he experienced at the Elmbrook Health and Wellness Center convinced Tommy to visit more regularly. "The care is more personalized. It just feels like a closer community and a closer connection. My providers remember things we talked about during my previous visits, instead of traditional care where you might see your doctor maybe once a year."

My Elmbrook Health and Wellness providers are my primary care providers now," he notes. "I do yearly physicals, screenings, flu shots, mental health. I've been there when I've been feeling sick or just not quite feeling good."

Tommy recently visited the center for help with his migraines, as well as a mental health check-up, where he met with Physician Assistant Leslie Pierce. "She was phenomenal," he says, "There was no judgment, no pushing. I could tell she cared and wanted me to get on the best course for me. She did a great job listening and just got to know me."

"It's a great option to get in sooner than having to go to urgent care, if you need something immediate," he notes. "The center is so much faster and better than urgent care or a traditional primary care office. It's free, and the staff are super helpful and super friendly."

"Everyone I've talked to--from someone answering the phone to anyone I've worked with—has been amazing, personable, and always trying to help," he says. "They're so easy to talk to. You can tell everyone truly cares."

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