


OCTOBER 2021 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>All Lunch Prepared Fresh Daily</i></p> <p><i>Fresh Fruit Available Daily</i></p> <p><i>Chocolate Chip Cookies Available Daily</i></p>	<p><i>Soup Available On Certain Days</i></p> <p><i>Apple Juice, Chocolate Milk Or Regular Milk Included With Lunch</i></p>	<p>*Allergens Key: Soy - SY, Gluten - G, Dairy - D, Eggs - E, Shellfish - SF, Corn - C</p>		<p>1</p> <p>Cheese, Pepperoni, Bacon Pizza - D, G Steamed Broccoli</p>
<p>4</p> <p>Steak Sandwich on French Roll - D, G French Fries Sautéed Zucchini Cheddar Sauce, Ketchup</p>	<p>5</p> <p>Buttered Spaghetti - G, D Veggie Marinara Steamed Broccoli Garlic Bread - G, D Parmesan</p>	<p>6</p> <p>Sweet & Sour Crispy Orange Chicken - G, SY French Bread Roll - G Veggie Egg Roll - G, E, SY, SF Jasmine Rice Garlic Broccoli Pickled Carrots</p>	<p>7</p> <p>All Beef Hot Dog - G French Fries Beef Chili - C Grilled Asparagus Ketchup, Mustard Relish</p>	<p>8 - Teacher Work Day</p>
<p>11 - Fall Break</p>	<p>12</p> <p>Pasta w/Bolognese - G, D Garlic Bread - G, D Steamed Broccoli Parmesan</p>	<p>13</p> <p>Chicken Quesadilla - G, D Sautéed Corn - D Yellow Rice Garlic & Cumin Black Beans Guacamole, Sour Cream, Salsa</p>	<p>14</p> <p>Texas Toast Grilled Cheese - D, G Tomato Soup - D Garlic Broccoli Tater Tots Ketchup</p>	<p>15</p> <p>100% Beef Burger - G French Fries Carrot Sticks Ketchup, Mustard, Relish</p>
<p>18</p> <p>Breaded Chicken Sandwich - G, D, E Macaroni & Cheese - D, G Green Beans - D Bacon, Tomato</p>	<p>19</p> <p>Cheese Tortellini w/Cheese Sauce - G, D Roasted Chicken Garlic Bread - G, D Sautéed Green Peas - D Olive Oil, Butter, Parmesan</p>	<p>20</p> <p>Chicken Gyro - G Buttered Basmati Rice - D Grilled Asparagus Tzatziki, Tomato, Feta, Onion</p>	<p>21</p> <p>Meatball Grinder - D, G, E Marinara Sauce Steamed Broccoli French Fries</p>	<p>22</p> <p>Cheese, Pepperoni, Bacon Pizza - D, G Steamed Broccoli</p>
<p>25</p> <p>Pancakes - G, D, SY, E Breakfast Sausage Red Bliss Home Fries Maple Syrup</p>	<p>26</p> <p>3 Cheese Ravioli - D, G, E Garlic Bread - D, G Broccoli Olive Oil, Butter, Parmesan</p>	<p>27</p> <p>Baked Chicken Tenders - G, SY French Fries Zucchini Ketchup, Honey Mustard, BBQ</p>	<p>28</p> <p>Chicken Bites - G, SY Mac & Cheese - G, D Buttered Peas - D Honey Mustard, BBQ, Ranch, Sweet & Sour</p>	<p>29</p> <p>100% Beef Burger - G French Fries Carrot Sticks Ketchup, Mustard, Relish</p>

Due To COVID-19 Health & Safety Procedures, Salad Bar Is Temporarily Closed | Pre-Packaged Salad Available Daily

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