

HEALTH & PHYSICAL EDUCATION 4-YEAR PLAN

FRESHMAN

FALL			SPRING		
KINE166	INTRO OF KINESIOLOGY	3	KINE268	INTRODUCTION TO HEALTH	3
EDUC102	FOUNDATIONS OF EDUCATION	2	KINE169	CONDITIONING & INDIVIDUAL SPORTS	3
KINE 252	Fitness/Wellness	1	KINE269	ATHLETIC TRAINING	3
KINEXXX	On the Ball Training, or Aerobics, or Physical Fitness, or Weight Training	1	EDUC204	DIVERSITY IN THE CLASSROOM	2
ENGL101	Written Communication II	3	ENGL102	Written Comm III	3
PSYC182	General Psychology	3	COMM171	Speech Communication	3
THEO110	Exploring Christian Faith	3			
Credit Hours = 16			Credit Hours = 17		

SOPHOMORE

FALL			SPRING		
KINE168 or KINE351 (ODD FALLS)	TEAM SPORTS DEVELOPMENTAL DIFFERENCES IN PE	3	KINE282	APPLIED NUTRITION	3
PSYC287	SCHOOL AGE GROWTH & DEVELOPMENT	3	EDUC308	TEACHING EXCEPTIONAL LEARNERS	2
EDUC205	EDUCATIONAL PEDAGOGY I WITH LAB	3	EDUC305	EDUCATIONAL PEDAGOGY II WITH LAB	3
-----	Foreign Language	3	MATH11	Basic Probability & Statistics	3
-----	Art/Drama/Music	3	BIBL215	Old Testament Literature	3
			-----	Foreign Language	3
Credit Hours = 15			Credit Hours = 17		

JUNIOR

FALL			SPRING		
KINE281	SUBSTANCE ABUSE	3	KINE253	ELEMENTARY HEALTH & PE METHODS	3
KINE350	PSYCHOSOCIAL DIMENSION OF KINESIOLOGY	3	KINE461	ASSESSMENT IN HUMAN PERFORMANCE	3
KINE168 or KINE351 (ODD FALL)	TEAM SPORTS DEVELOPMENTAL DIFFERENCES IN PE	3	KINE463	KINESIOLOGY	3
LIT2XX	Literature Course	3	PHIL250	Intro to Philosophy	3
BIBL216	New Testament Literature	3	BIOL115	Human Biology	4
SOC151	Principles of Sociology	3			
Credit Hours = 18			Credit Hours = 16		

SENIOR

FALL			SPRING		
KINE460	ADMIN & ORG OF PE & REC	3	EDUC441	PROFESSIONAL EDUCATION SEMINAR	2
KINE462	PHYS OF EXERCISE	3	EDUC455	STUDENT TEACHING I	8
KINE349	MOTOR BEHAVIOR	3	EDUC456	STUDENT TEACHING II	4
SCED441	SECONDARY HEALTH & PE METHODS	3	-----		

PHIL 452	Senior Experience	1	-----	
-----	History Elective	3		
Credit Hours = 16			Credit Hours = 14	

49-52 = General Education Credits Required
44 = Exercise Science Major Credits Required
30-32 = Education Credits Required
123-128 = Total Credits Required