

ST. Thomas Aquinas

October 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Hot #1 Beef Nachos Hot #2 Cajun Chicken Wide Noodle Pasta Tossed Green Salad, Baguette Ice Cream Cold #1 Italian Wrap Cold #2 Cobb Salad
4 Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad	5 Hot #1 Taco Rice Bowl Hot #2 Chicken Scallopini Rice, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich	6 Hot #1 Beef Hot Dogs , Hot #2 Three-Cheese Pizza Carrot and Celery Sticks with Ranch, Tossed Salad, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad	7 Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra Peas and Carrots, Tossed Salad w/ Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich	8 Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad
11 Hot #1 Shells and Cheese , Hot #2 BBQ Chicken Broccoli Rice Casserole, Tossed Green Salad, Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad	12 Hot #1 Corn Dogs Hot #2 Grilled Cheese with Tomato Basil Soup , Tossed Salad, Corn, Baguette, Fresh Fruit Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich	13 Hot #1 Chicken and Waffles Hot #2 Chicken Provencal Roasted Potatoes, Green Beans, Baguette, Apple Sauce Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad	14 Hot #1 Green Chili Chicken Enchiladas Hot #2 Beef Quesadillas Tossed Salad with Cilantro Dressing, Rice, Pound Cake with Fresh Strawberries Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich	15 Hot #1 Spaghetti with Marinara Sauce, Caesar Salad Hot #2 Broiled Hamburgers with Lettuce, Tomato, Tator Tots, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad
18 Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad	19 Hot #1 Chicken, Bowtie Pasta with Basil Cream Sauce Hot #2 Fish Sticks Corn, Tossed Salad, Baguette Fresh Fruit Cold #1 Chicken Cobb Salad Cold #2 Turkey or Ham Sandwich	20 Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy , Mashed Potatoes, Celery & Carrot Sticks w/ Ranch, Baguette, Chocolate Cake Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad	21 Hot #1 Fusilli with Meatballs Hot #2 Sticky Thai Meatballs Broccoli, Rice, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich	22 <i>Ministry Conference- No School</i>
25 Hot #1 Chili Macaroni Hot #2 Lemon Rosemary Seared Chicken Rice, Green Beans & Diced Carrots, Baguette, Graham Crackers Cold #1 Asian Chicken Salad Wrap Cold #2 California Tossed Green Salad	26 Hot #1 Shells and Cheese , Hot #2 Meatloaf Cauliflower Gratin, Spinach Salad, Baguette, Yogurt Cold #1 Cajun Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich	27 Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Asian Mandarin Chicken Rice, Tossed Salad w/ Parmesan Ranch, Baguette, Fresh Fruit Cold #1 Turkey & Bacon Club Cold #2 Tossed Southwestern Salad	28 Hot #1 Loaded Baked Potato Hot #2 Gemelli Pasta with Bolognese Sauce , Corn, Broccoli, Baguette, Nilla Wafers Cold #1 Chicken Caesar Salad Cold #2 Turkey or Ham Sandwich	29 Hot #1 Beef Nachos Hot #2 Cajun Chicken Wide Noodle Pasta , Tossed Green Salad, Baguette Ice Cream Cold #1 Italian Wrap Cold #2 Cobb Salad