

# OCTOBER MENU

## "Free Student Meals"

USDA Extends **FREE** Meals to **ALL** Students for the 2021-22 school year.

**ALERT:** DUE TO THE EXTREME FOOD AND SUPPLY CHAIN SHORTAGES, WE'RE HAVING TO SUB ITEMS AND MAKE CHANGES TO OUR MENUS WHEN NECESSARY.

### Food Service Job Openings Available

2 and 2.5-hr. cook positions. Cook Starting pay \$15 Sub \$14.

The Best job to have while your kiddos are in school. Apply Now at [www.dunlapcusd.net](http://www.dunlapcusd.net)

#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

4  
"CHICKEN & WAFFLES"  
PG: CHICKEN TENDERS  
G: and MINI WAFFLES  
V: MIXED VEGETABLES  
F: Assorted Fruit  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* SYRUP  
KETCHUP  
\* RANCH DRESSING

5  
PG: MINI CORN DOGS\*C  
V: SWEET FRIES  
V: GREEN BEANS  
F: JUICE SLUSHIE  
F: Assorted Fruit  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* KETCHUP  
\* RANCH DRESSING

6  
PG: BEEF TACO \*SS  
V: CHEESY REFRIED  
BEANS  
CHURRO  
F: Assorted Fruit  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* SALSA  
\* RANCH DRESSING

7  
CHICKEN ALFREDO WITH A TWIST  
V: STEAMED BROCCOLI  
F: Assorted Fruit  
G: GARLIC TOAST  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* RANCH DRESSING

8  
"MEATLESS"  
PG:BOSCO STICKS  
V: CORN  
V: TOSSED SIDE SALAD  
F: Assorted Fruit  
G:TEDDY GRAHAMS  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* RANCH DRESSING  
V:MARINARA DUNK CUP

11  
NO SCHOOL TODAY  
COLUMBUS DAY

12  
PG: HOT DOG W/BUN\*B  
V: TATER TOTS  
V:BAKED BEANS  
F: FRUIT- VARIETY  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* KETCHUP  
\* MUSTARD  
\* RANCH DRESSING

13  
PG:NACHOS GRANDE \*B  
V: CHEESY REFRIED  
BEANS  
V: TOSSED SIDE SALAD  
F: FRUIT- VARIETY  
G:CINNAMON  
BREADSTICK  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* SALSA  
\* RANCH DRESSING

14  
PG: CHICKEN NUGGETS  
V: MASHED POTATOES  
CHICKEN GRAVY  
V: GREEN BEANS  
F: Assorted Fruit  
G: WHEAT ROLL  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
KETCHUP  
\* RANCH DRESSING

15  
"MEATLESS"  
PG: TOASTED GARLIC  
CHEESE PIZZA BREAD  
V: CORN  
V: TOSSED SIDE SALAD  
F: Assorted Fruit  
G:FRESH BAKED COOKIE  
-OR-  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* RANCH DRESSING

18

PG: CHSE.BURGER\*B  
V: EVER-CRISP FRIES  
V:BAKED BEANS  
F: Assorted Fruit  
~OR~  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
KETCHUP  
\* RANCH DRESSING

19

PG: CHICKEN FAJITAS  
V: CHEESY REFRIED  
BEANS  
CHURRO  
F: Assorted Fruit  
~OR~  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* SALSA  
\* RANCH DRESSING

20

PG:GRILLED CHEESE  
V: TOMATO SOUP  
V: CELERY STICKS  
F: JONNYPOP  
F: Assorted Fruit  
~OR~  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
KETCHUP  
\* RANCH DRESSING

21

NO SCHOOL TODAY  
PARENT/TEACHER  
CONFERENCES

22

NO SCHOOL TODAY  
PARENT/TEACHER  
CONFERENCES

25

SLOPPY JOE'S  
V: "EMOJI" FRIES  
V: MIXED VEGETABLES  
F: Assorted Fruit  
~OR~  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* RANCH DRESSING

26

"MEATLESS"  
PG: WG CHEESE PIZZA  
V: GREEN BEANS  
V: TOSSED SIDE SALAD  
F: Assorted Fruit  
G:FRESH BAKED COOKIE  
~OR~  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* RANCH DRESSING

27

PG: CHICKEN NACHOS  
V: CHEESY REFRIED  
BEANS  
CHURRO  
F: Assorted Fruit  
~OR~  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* SALSA  
\* RANCH DRESSING

28

P: HOMEMADE BEEF CHILI  
& CRACKERS  
V: POTATO SMILES  
F: Assorted Fruit  
CINNAMON ROLL  
~OR~  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
KETCHUP  
\* RANCH DRESSING

29

"MEATLESS"  
PG:BOSCO STICKS  
V: CORN  
V: TOSSED SIDE SALAD  
F: Assorted Fruit  
G:TEDDY GRAHAMS  
~OR~  
PGV: GARDEN CHEF  
D: MILK -FF & 1%  
\* RANCH DRESSING  
V:MARINARA DUNK CUP

## Dunlap Elementary Schools

The USDA has extended FREE meals to all students for 2021-22 school year. No paperwork needed just let your teacher know you're eating lunch today.

Students bringing a lunch from home and need a milk or bottled water will need to purchase those items. Milk only comes with school lunch.

Lunch money can be added using the Myschoolbucks link below.

<https://www.dunlapcusd.net/quicklinks/lunch-menu>

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### "BUILD YOUR OWN LUNCH TRAY"

#### PICK 3-5 FOOD GROUPS

- \* FRUIT (MUST TAKE FRUIT OR VEGETABLE)
  - \* VEGETABLE (MUST TAKE FRUIT OR VEGETABLE)
  - \* DAIRY, \* GRAIN, \* PROTEIN
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2020-21 Household Meal Applications are available for everyone throughout the school year.

MyschoolApps link below.

<https://www.dunlapcusd.net/quicklinks/lunch-menu>

Reminder : A New Application must be filled out every new school year

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Did you know we have a Kitchen Angel Lunch donation account that is used to help struggling families pay for school meals? If you would like to help, need help or want information please contact:

Lisa Leitner, Director of Food Services at [lleitner@dunlapcusd.net](mailto:lleitner@dunlapcusd.net)

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Welcome Back!

Have a Great School Year.