



Tulsa Public Schools Breakfast Secondary

OCT 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

A variety of Milk and Juice are offered daily with Breakfast

1
Sausage Breakfast Pizza
Manager's Choice Fruit

4
Sausage Biscuit
Applesauce

5
Yogurt
Graham Crackers
Diced Peaches

6
Mini Cinnis
Apple Slices

7
Honey Glazed
Chicken Biscuit
Banana

8
Cinnamon Roll
Mixed Fruits

11
American Breakfast
Sandwich
Apple

12
Pancakes
Diced Peaches

13
Cinnamon Crunch
Toast Bar
Mixed Fruit

14
Breakfast Taco Roll
Diced Pears

15
Mini Cinnis Bagels
Applesauce

18
Confetti Pancakes
Diced Pears

19
Yogurt
Cinnamon Chex Cereal
Mixed Fruit

20
Banana Muffin
Sliced Strawberries

21
Egg and Cheese
Biscuit
Banana

22
Cinnamon Crunch
Toast Bar
Diced Peaches

25
Mini Cinnis Bagel
Diced Pears

26
Bacon Scrambled
Pizza
Mixed Fruit

27
Cinnamon Chex Cereal
Banana

28
Biscuit
Sausage Gravy
Diced Peaches

29
Blueberry Mini Waffles
Applesauce

Menu is subject to change based on product availability

Revised: 9/17/2021

This institution is an equal opportunity provider.