

SWIMMING

ABOUT OUR PROGRAM

The swim program caters for all KWS students from Kindergarten through to year 12. Squads are run out of the school's 25 meter pool housed in the Anderson center. Swim squad is open to all students whether they are swimming just for fitness or are a little more serious and would like to compete. Students do not have to commit to competition swimming to join the squads. We have 5 levels of swimming squads at KWS. Entry squad is transition, from there students can progress through our squad levels to the performance squad which is aimed at state and national representation. Upon joining swimming programme students are assessed and placed in squads that suit their skill ability. Progression through the squads is based on ability not age, so the faster an athlete acquires skills and gets fitter the faster they progress through the squads. Athletes within the programme are encouraged to join the Kinross Wolaroi swim club which is open to all levels of swimming ability.

Our coaching staff at Kinross Wolaroi I've been working in the industry for many years, with a strong and proven track record. We can ably assist, with a number of swimming specialist coaching staff including strength and conditioning.

KINROSS WOLAROI SWIM CLUB – PERFORMANCE SWIMMING

The KWS swim club has become one of the states highly regarded swim clubs. For a small country club we punch way above our weight. Over the past five years the swim program has produced multiple State medallists in all strokes and distances. The club regularly finishes in the top ten clubs at State Champs and within the top 3-4 at NSW Country. The club has been premier club for area for the last four years, but it the performances on a National level that we are very proud of with Australian Champs in multiple disciplines at age group level and at Open level.

The team culture is so positive that it should be no surprise that the club is as successful as it is. Team morale is highest when competing in relays as all enjoy the hype at big events and there is nothing better than knocking off the bigger city clubs. The program continues to place athletes on NSW and National development teams.

The future is strong for the little club that said "we can".

If you have an enquire about the swim program just email ktaylor@kws.nsw.edu.au

Remember you don't have to be a champ to come along and have a go.