

Park Hill High School

Personal Data Sheet

The purpose of this form is to gather information that will assist me in writing your college recommendation. Please answer each question as completely as possible. If a question does not apply or you choose not to answer it, leave it blank. I want to thank you for taking the time to fill out this questionnaire.

Name _____ Student Number _____

Year of Graduation _____ Home Phone _____

Parents: Father _____ Mother _____

Address: _____ Address: _____

Phone contact: _____ Phone contact: _____

Occupation: _____ Occupation: _____

I live with my _____

Attach a resume or fill out the activities/work experience section below.

School Activities: Circle the grade in which you participated and indicate what office you held.

- | | | | |
|----|-------|------------|-------|
| 1. | _____ | 9 10 11 12 | _____ |
| 2. | _____ | 9 10 11 12 | _____ |
| 3. | _____ | 9 10 11 12 | _____ |
| 4. | _____ | 9 10 11 12 | _____ |
| 5. | _____ | 9 10 11 12 | _____ |

Outside Activities: Indicate what office you held.

- | | | | |
|----|-------|------------|-------|
| 1. | _____ | 9 10 11 12 | _____ |
| 2. | _____ | 9 10 11 12 | _____ |
| 3. | _____ | 9 10 11 12 | _____ |
| 4. | _____ | 9 10 11 12 | _____ |

Athletic Activities: Indicate "V" for varsity Level Sports.

1.	_____	9 10 11 12	_____
2.	_____	9 10 11 12	_____
3.	_____	9 10 11 12	_____
4.	_____	9 10 11 12	_____

Work Experience:

Grade

Hours worked per week

1.	_____	9 10 11 12	_____
2.	_____	9 10 11 12	_____
3.	_____	9 10 11 12	_____
4.	_____	9 10 11 12	_____

List any honors and awards that you have received in school or in the community.

**Name five teachers who know you well. The counselor may contact teachers for additional information.
(Please list five teachers who are not writing a recommendation letter for you.)**

1. _____
2. _____
3. _____
4. _____
5. _____

From the list below, circle one or two qualities that describe you.

Ambitious	dependable	intuitive	resourceful
Analytical	disciplined	motivated	self-reliant
Articulate	efficient	mature	scientific
Assertive	enthusiastic	organized	sensitive
Caring	flexible	perceptive	sincere
Creative	happy	persistent	understanding
Conscientious	independent	reflective	others _____
Concerned	intelligent	reliable	_____
Confident	industrious	responsible	_____

Give an example or briefly describe a specific incident to support this self-assessment.

1. Please tell me about the personal qualities or achievements of which you are most proud.
2. How would your close friends and family members describe you?
3. What special qualities or talents do you possess that distinguish you from other members of your graduating class?

4. Describe the greatest adversity you had to overcome. What effect did it have on you?

5. What personal qualities enabled you to overcome this adversity?

6. Describe your learning style. What is the best way for you to learn?

7. Of the courses you have taken, which one(s) benefited you the most? Why?

8. In what way has a teacher influenced you?

9. What colleges or universities have members of your family been associated with (for example, my mother or father is an alumni; my sister or brother is presently enrolled)?

10. Please comment on your special interests.

11. What will your major be in college and why did you select this area?

12. What motivates you to do your best? Under what circumstances do you perform best?

13. What do you value? Believe in? Hold sacred? What needs are most important to your life?

14. It is important for me to include in your letter of recommendation any circumstances or events that influenced your academic performance. Should any information like this be included in your letter?

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Parent Brag Sheet

As a parent, you have spent more hours with your child than any person on the face of the earth, thus you are being asked to share your insights on this form.

Student's Name _____ ID# _____ Grade _____

1. What are some of the outstanding accomplishments of your child during the past 3-4 years?

2. In which areas have you witnessed the most development and growth in your child?

