

LCH WHEEL

**SEPTEMBER
2021**



CHECK OUT WHAT'S HAPPENING!

La Costa Heights Elementary School
3035 Levante Street, Carlsbad, CA 92009



MEET OUR ENRICHMENT TEACHERS!

(from left to right)

Taylor Hoff (PE & Yoga), Grace Stuart (Science), Veronica Rotta (Music & Performing Arts), and Brooke Pies (Art)

SCHEDULE

Each week, all grade levels rotate through all four enrichment classes for 35 minute rotations. Students have the opportunity to have fun and experience these content areas from our incredible enrichment teachers!

ENRICHMENT UPDATES



MUSIC & PERFORMING ARTS

Hello and welcome to music!

My name is Veronica Rotta and I've been involved in the performing arts for over 20 years. I'm so excited to share my passion with your students. Here is an overview of what we will be doing in the coming weeks across the grade levels.

Kindergarten & 1st Grade:

We will explore music through rhythm, dancing, and singing. In our first weeks, we've explored rhythm and how we can use every day sounds to create music.

2nd & 3rd Grade:

We will dive into music through the musical instruments and each student will participate in the "recorder karate" program. Each 2nd and 3rd grade student will be issued their own personal, sanitized recorder that will be stored each week in my room. (They are stored in a covered pouch and students will remove and put away their own recorder.) We will learn and practice our instruments outside, with students spaced at least six feet during practice time.

4th, 5th, & 6th Grade:

We are going to expand students' musical repertoire through learning the ukulele. Our first song all together will be "Lava" from the Pixar Studio short film.

I am so excited to be working with all of your students this year!



ART

Welcome to art! My name is Brooke Pies and I am so excited to be teaching your wonderful children this year. Art is an amazing outlet to express oneself and I hope to get to know each and every one of your students through their creativity.

This month we will be focusing on the seven elements of art: line, shape, form, space, value, color, and texture. Students will learn the definition of each element, view examples, and create their very own masterpieces. The seven elements are the foundation of art and once we have an understanding of each, we can do anything!

Another wonderful opportunity that we will be discussing this month is the PTA Reflections Art Program. PTA is hosting this sponsoring this wonderful opportunity and all students are invited to participate.

The theme for the entries is **I will change the world**. Entries can be made in six different areas: dance choreography, literature, photography, film production, music composition, and visual arts. [HERE](#) is the flyer with details. Entries are due by October 1st, and throughout September I will support students with brainstorming and getting started on a project of their choosing. I would love to see as many LCH students involved as possible!

Thank you so much and I hope your students will enjoy as much as I do!



SCIENCE

Hello LCH families and welcome to science enrichment!

My name is Grace Stuart and I am thrilled to engage your students in the exciting world of science! My class will give your students a chance to expand their curious minds through hands-on lessons.

During the first weeks of wheel lessons, I got to know your students and learned about their unique interests and abilities. They built note card towers with their table groups. We saw everything from skate parks to skyscrapers!

Kindergarten-2nd Grade

We have been exploring and learning about solids, liquids, and gases! Your students experienced the different states of matter as they felt balloons with different substances and determined which was a solid, liquid, and gas.

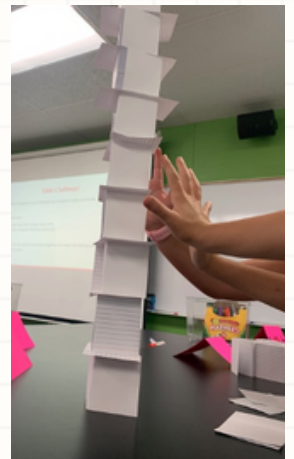
3rd Grade

After doing a condensed, advanced version of the states of matter, we moved right into forces of motion! Your students built balloon rockets outside and learned about the laws of motion.

4th-6th Grade

The students competed in the H2Olympics to learn about the properties of water! They worked as a team to conduct experiments, make observations, and share their results.

Moving forward, I look forward to sharing updates about your students' time in science enrichment





PE

Hello & welcome to PE!

My name is Taylor Hoff and I actually was a kindergarten student at LCH back in 1999. I'm proud to be here instructing your children in Physical Education with Yoga.

It is important students understand good sportsmanship and how to resolve conflict without argument. A good technique for this is classic rock/paper/scissors.

I will be supporting students with the rules for sportsmanship behaviors with popular recess games including Handball and Gaga. Our goals include ensuring students are all able to play, have a good time, and get some exercise!

During weekly wheel lessons, it's important to me that students have some choice in the physical activities we do weekly. At the end of every class I ask students to share what they would like to do in the future to get an idea of what each grade level enjoys. They are always full of good suggestions and I will continue to incorporate their suggestions into our weekly lessons.

Some of the activities we have been doing and will be doing in the coming weeks include:

Capture the Flag
Kickball
Knights & Dragons
Stealing the Bacon
Never Ending Tag
Mini Soccer

Incorporated into each week's lessons are coaching on teamwork, cooperation, strategy, fitness, positive encouragement, and coordination. Sportsmanship is an ongoing goal area across every grade level!