CORNERSTONE AQUATICS CENTER

POOL SCHEDULE
October 2021

RECREATION POOL

Fall/Winter Hours of Operation: Mon-Fri:6am-8pm, Sat:8am-6pm, Sun:8am-4pm

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Time	Group/ Lanes Used	Time	Group/Lanes Used	Time	Group/ Lanes Used	Time	Group/Lanes Used	Time	Group/Lanes Used	Time	Group/Lanes Used	Time	Group/Lanes Used
				9:15-11:30am	Group Lessons	9:15-11:30am	Group Lessons			9:15-11:30am	Group Lessons	9:00-12:30pm	Group lessons (ramp+3 lanes)
		10:15-11:00am	Water Fitness **(3 lanes)**	10:00-10:45am	Water Fitness **(3 lanes)**			10:00-10:45am	Water Fitness **(3 lanes)**				
								1:00-2:00pm	ASD/ ramp area +1 lane				

COMPETITION POOL

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used
		9:15-10:00am	Water Fitness **(deep end)**	9:00-9:45am	Water Fitness **(2 lanes, shallow)**			9:00-9:45am	Water Fitness **(deep end)**			8:00-10:00am	High School Teams (5 lanes)
1:00-3:00pm	Diving Club (3 lanes)	3:00-5:00pm	HS Swim Team (entire pool)	3:00-5:00pm	HS Swim Team (entire pool)	3:00-5:00pm	HS Swim Team (entire pool)	3:00-5:00pm	HS Swim Team (entire pool)	3:00-5:00pm	HS Swim Team (entire pool)	8:15-9:00am	Water Fitness (2 lanes)
		5:00-6:30pm	HS diving (3 lanes)	5:00-6:30pm	HS diving (3 lanes)	5:00-6:30pm	HS diving (3 lanes)	5:00-6:30pm	HS diving (3 lanes)	5:00-6:30pm	HS diving (3 lanes)	1:00-3:00pm	Diving Club (3 lanes)
		6:30-8:00pm	Diving Club (3 lanes)	6:30-8:00pm	Diving Club (3 lanes)	6:30-8:00pm	Diving Club (3 lanes)	6:30-8:00pm	Diving Club (3 lanes)	6:30-8:00pm	Diving Club (3 lanes)		