

**San Angelo Independent School District  
School Health Advisory Council  
Minutes for Wednesday, January 13**

Monica Porras called the meeting to order at approximately 12:00 pm.

1. Minutes- Approved for 11.11.20 meeting
2. Quorum Established
3. Health Services- Monica Porras
  - a. Immunizations
    - i. Health Department is not administering immunizations
    - ii. State report is due in December
    - iii. Elementary campuses did well with requirements
  - b. COVID-19 Updates
    - i. Reviewed recent change of quarantine from 14 days to 10 days with release being at the discretion of our local Health Department.
4. School Health Advisory Council (SHAC)- Monica Porras
  - a. Reviewed Mission Statement & Operating Procedures.
  - b. Encouraged parents & community members to consider volunteering to serve as officers for the council: Chairperson, Vice-Chairperson, and Recording Secretary will send out a survey to establish what day and time works best for the council to meet.
  - c. We added 14 new members. Seven of these members are parents of students who attend SAISD.
5. Open to Council
  - a. Discussed Student Activity
    - i. Tessie Teague sought insight as to the length of PE at elementary level. Mark Baker informed council that students in K-5 receive 135 minutes/week of PE and 6-8 receive 225 minutes/week.
    - ii. Brainstormed various ways to communicate with parents ways to keep their children active while at home such as utilizing social media platforms and coordinating with Shannon Health.

There being no further business, the meeting adjourned at approximately 1:00 pm.

Next Meeting will take place via Zoom on Wednesday, March 3, 2020 with time TBD.

Respectively submitted,

Monica Porras

Approved by:

