



GOOD NEWS FOR STUDENTS AND FAMILIES!

Dear Parents/Guardians of Strongsville City School Students:

We are writing to tell you about an exciting opportunity for you and your child. In case you are not aware, Strongsville City Schools has established a partnership with Nancy Lowrie & Associates, LLC, (NLA), a counseling practice that specializes in child therapy, adolescent therapy, and family counseling. All NLA therapists are Masters-level and licensed by the State of Ohio. They are able to diagnose and treat a variety of emotional and behavioral health concerns.

Our goal is to improve your child's overall well being. The following are just some examples of the topics we address in individual, group, or family sessions:

- Strategies for managing relationships with peers
- Development of social skills
- Ability to deal with teasing and bullies
- Increasing self-esteem
- Skills for anger management
- Decision making abilities
- Managing family problems

Best of all, NLA is able to offer you this service at our school. NLA will send our trained therapists to your school to meet with your child. Also, to make this easier for you, NLA counseling services are covered under most health insurance plans, including Medicaid HMO's (Caresource, Paramount, and Buckeye) and most private health insurance plans (Medical Mutual, Anthem, Aetna, etc). NLA does all the clinical work plus does the actual insurance billing for you.

This is a wonderful opportunity for you child to receive the help they need. If you are interested in participating in this program, please return the bottom of this letter to your child's teacher. An NLA therapist will call to schedule an initial meeting with you to get your child started in the program.

Sincerely,

Nancy Lowrie & Associates, LLC

Nancy Lowrie & Associates, LLC Counseling Program

Student's Name _____

Student's Date of Birth _____

Parent/Guardian's Name _____

Teacher's Name _____

Type of Insurance _____

Insurance Identification Number _____

Contact Phone Number _____

This information will be used for Insurance verification and billing purposes only