



Our ref JMS/ARB/HN/Elevate

16th September 2021

Dear Parents and Guardians,

Upcoming webinar for parents – *How to Get (and Keep) Your Child Motivated*

We are excited to announce that parents of Year 9-13 Mayfield Girls' have exclusive access to Elevate Education's Parent Webinar Series this year. Elevate works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how to better support your children at home through reinforcing the skills they learn at school. The first webinar in the series is called "**How to Get (and keep) your Child Motivated**" and will be live streamed on 21st September at 18:00.

In ***How to Get (and Keep) Your Child Motivated***, Elevate will provide you with the tips and tools for how to get (and keep!) your child motivated, including:

- Share the best types of goals to boost motivation;
- Show parents how to identify which types of goals their child is currently setting and help them set better goals;
- Give parents practical strategies to use at home to motivate their child to study, and sustain that motivation.

"I just wanted to thank you for a thoroughly well thought out and interesting talk on motivation yesterday. Indeed, you came up with some great real-life examples to help motivate our children that is not purely through a grade drive approach which I know will benefit them hugely."

The webinar is run live online from 18:00-19:00 where the presenter will share Elevate's key research and skills, and will conduct a live Q&A so you can ask them questions directly.

Please also find below some other resources you might find helpful:



Elevate's TedX Talk in Tallinn



Misunderstanding Motivation

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Should you have questions or would like to contact Elevate directly, their details are listed below.

☎ 01865 987 732

✉ charlotte@elevateeducation.com

🌐 www.get.elevatecoaching.info/uk/register

👉 www.facebook.com/ElevateParentsUK/

To register for this webinar please click on the link below:

**How to Get (and keep) your Child Motivated
21st September 2021 at 18:00**

[Register for free here](#)

I hope you will find the above information helpful. Please do not hesitate to contact me via email at jstone@mayfieldgirls.org if you have any queries regarding this webinar series for this year.

Yours faithfully

Mrs Jodi Stone
Head of Middle School