

Request for Special Dietary Accommodations

Student Name

Date of Birth

Parent / Guardian Name

Phone

Mailing Address

City/State/Zip

School

Grade

Signature of Parent/Guardian

Date

Diet Order

Federal law and USDA regulation require school nutrition programs to make reasonable modifications to accommodate children with disabilities. Under the law, a disability is an impairment which substantially limits a major life activity, which can include allergies and digestive conditions, but does not include personal diet preferences.

1. List the food(s) / beverage(s) to be avoided:

2. How does ingestion of the food/beverage affect the child:

3. List all food(s) and/or beverages to be substituted for the food/beverage to be avoided:

Signature of State-Recognized Medical Authority*

Date

Email

Phone

*A licensed health care professional authorized to write medical prescriptions in Washington

