2021-2022 COVID protocols

Return to School After Illness or Positive Result Protocol:

- All school students, teachers, and staff with new or worsening symptoms of COVID-19 must be excluded from school, regardless of vaccination status, and either
- (a) provide a negative **PCR** COVID test result- **We will accept a negative rapid test with PCR results pending. PCR results must be submitted to avoid exclusion,** or
- (b) remain excluded from school for a minimum of 10 calendar days from symptom onset, prior to returning to school, if you do not test.
- If student, teacher, or staff symptoms are improving AND they are fever-free for at least 24 hours without the use of fever reducing medicines, they may return to school with a copy of the negative test result.
- Given the growing prevalence of breakthrough infections among vaccinated populations nationwide, there is no recommended exemption for symptomatic vaccinated people.

If the individual received a **positive COVID 19 diagnostic test**	If the individual received a **negative COVID19 diagnostic test***	If the individual **was not tested for COVID-19**	If the individual was **vaccinated against COVID19 within the past 3 days**
They can return to school when they have: ☐ Isolated for 10 days ☐ Been fever-free to 24 hours without the use of medication and ☐ Overall symptoms are improving	They can return to school when they have: ☐ Been fever-free to 24 hours without the use of medication and ☐ Overall symptoms are improving	They can return to school when: ☐ At least 10 days have passed since their symptoms started ☐ Have been fever-free for 24 hours without the use of medication and ☐ Overall symptoms are improving	☐ If the only symptoms are fatigue, headache, chills or muscle/joint pain people may return to work if symptoms resolve within 2 days. If symptoms persist beyond this, manage as potential COVID (exclusion). ☐ If symptoms include cough, shortness of breath, runny nose, sore throat, loss of taste or smell, fever, nausea, vomiting or diarrhea, manage as potential COVID (exclusion).

- ***A lab-based molecular test (PCR) is required to rule out COVID-19 if a person is symptomatic.**

COVID+ Contacts (Fully Vaccinated- Asymptomatic)
- NO quarantine
- Must take a PCR test 3-5 days after exposure
- Monitor symptoms for 14 days

COVID+ Contacts (Fully Vaccinated- Symptomatic)
- Quarantine for 10 days
- Monitor symptoms for 14 days

COVID+ Contacts (Unvaccinated)
- Quarantine for 10 days
- Must take a PCR test on Day 5
- May return to school on Day 8 with negative PCR
- Monitor symptoms for 14 days

Travel protocols: (Arrival to NYC is Day 0)

Domestic:
- NO quarantine
- Monitor for symptoms for 14 days
- If symptomatic, quarantine for 10 days and test day 3-5

International:

CORONAVIRUS DISEASE 2019 (COVID-19)

International Travel RECOMMENDATIONS AND REQUIREMENTS	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before traveling out of the US	✓	
Mandatory test required before flying to US	✓	✓
Get tested 3-5 days after travel	✓	✓
Self-quarantine after travel for 7 days with a negative test or 10 days without test	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓

CDC

cdc.gov/coronavirus
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