



# WESLEYAN CHRISTIAN ACADEMY ELEMENTARY DINING MENU

September 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Elementary Option</b>			<b>1</b> Glazed Ham Mashed Potatoes Collard Greens with Bacon Ice Cream Roasted Turkey	<b>2</b> Crispy Chicken Sandwich Steamed Green Beans Lima Beans Fruit Philly Cheesesteak	<b>3</b> Hamburger Buttered Corn Fried Okra Fruit Carolina Pulled Pork
<b>Academy Option</b>			<b>Chicken Fried Tofu</b>	<b>Black Bean Burger</b>	<b>Tomato Pie</b>
<b>Vegetarian Option</b>					
<b>Elementary Option</b>	<b>6</b>  Labor Day	<b>7</b> Chicken Nuggets Jasmine Rice Stir Fry Veggies Fruit Sweet Heat Soy Chicken	<b>8</b> Cheese Quesadilla Spanish Rice Black Beans Ice Cream Chicken Tacos	<b>9</b> Bowtie Pasta w\ Marinara Steamed Broccoli Garlic Breadstick Fruit Beef Lasagna	<b>10</b> Cheese Pizza Green Peas Wild Rice Fruit Corn Dog
<b>Academy Option</b>		<b>Sweet Heat Soy Tofu</b>			
<b>Vegetarian Option</b>					
<b>Elementary Option</b>	<b>13</b> Crispy Chicken Sandwich Brussels Sprouts Ranch Potatoes Fruit Buffalo Boneless Wings	<b>14</b> Hot Dog Broccoli House Chips Fruit Cuban Sandwich	<b>15</b> Chicken Tenders Corn Steamed Green Beans Ice Cream Beef Pot Roast	<b>16</b> Hamburger Steamed Broccoli Glazed Carrots Fruit Chicken Pot Pie	<b>17</b> Penne Alfredo Roasted Cauliflower Sautéed Asparagus Fruit Pasta with Meat Sauce
<b>Academy Option</b>	<b>Buffalo Cauliflower</b>	<b>Veggie Cuban Sandwich</b>	<b>Veggie Stew</b>	<b>Vegetarian Pot Pie</b>	
<b>Vegetarian Option</b>					
<b>Elementary Option</b>	<b>20</b> Chicken Nuggets Creamy Rice Sautéed Green Beans Fruit Ranch Chicken	<b>21</b> Cheesy Bacon Quesadilla Black Beans Cilantro Rice Fruit Taco Lasagna	<b>22</b> Roasted Turkey Mashed Potatoes Roasted Carrots Ice Cream Smoked Tri Tip Steak	<b>23</b> Sweet and Sour Chicken Fried Rice Steamed Snow Peas Fruit Teriyaki Chicken	<b>24</b>  Teacher Workday
<b>Academy Option</b>		<b>Cheese Enchiladas</b>	<b>Black Bean Burger</b>	<b>Coconut Curry Vegetables</b>	
<b>Vegetarian Option</b>					
<b>Elementary Option</b>	<b>27</b> Chicken Tacos Spanish Rice Fajita Vegetables Fruit Ground Beef Tacos	<b>28</b> Grilled Ham and Cheese Steamed Broccoli Tomato Soup Fruit Grilled Cheese	<b>29</b> Cheese Quesadilla Black Beans Roasted Cauliflower Ice Cream Queso Fundido Nachos	<b>30</b> Chicken Nuggets Ranch Potatoes Green Beans Fruit Citrus Smoked Pork Loin	    Smoked Tri Tip Steak
<b>Academy Option</b>	<b>Veggie Tacos</b>	<b>Veggie Chili</b>		<b>Veggie Burger</b>	<b>Black Bean Burger</b>
<b>Vegetarian Option</b>					

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