

WEDNESDAY ELECTIVES 2021/2022 – SESSION 1

Session Dates: September 22, 29; October 6, 13, 20, 27

Orienteering

Students will be introduced to the "EAS Sport" of Orienteering. Students explore different nearby parks and wooded areas over the six weeks. Orienteers learn how to get unlost, find their way, develop their lateral thinking skills, and problem solve in a real-world environment. With an orienteering mindset, you'll always know when your GPS is leading you astray and you'll learn how to plan ahead. Students will be introduced to Orienteering at Camp Hamilton so this elective is a great extension for those interested. Experienced orienteers are encouraged to join and will be taught more advanced orienteering skills

Pickleball

Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Students will learn and play the fun game of pickle ball out on the Finn Hill tennis courts. All abilities are welcomed. Beginners will learn the basics of the game and more advanced players can practice their skills.

Bracelets and Beading

Students will learn the four basic friendship bracelet knots and how to make a variety of different bracelets using combinations of those knots. Students will also learn three types of braids which they can use to start and end the bracelets. Students will also spend one week learning how to make a personalized clip-on keychain featuring a clan charm and beads. A supply fee of \$10 is requested with this elective.

Field Games

Let's enjoy this wonderful Fall weather with some outdoor (fitness) fun! If you have a desire to play ultimate frisbee, capture the flag, kick the can, or another game you miss playing outdoors then this is class for you! We will spend a week or two on each game depending on what everyone desires in addition to learning how to properly warm up and cool down in this fall weather.

Tap Dancing

Tap class is coming to your Wednesday electives! No experience needed! During this session, you'll learn basic tap steps and group choreography to create complex rhythms with your feet! Tap dance has a rich multicultural history and continues to delight dancers and audiences to this day. Can't wait to get tapping with you! Students will need to bring their own tap shoes. They can be purchased on Amazon, or at a local dance shop such as the Dance Wear Center in Kirkland, or On Pointe in Bellevue.

Trail Running

EAS is surrounded by many trails and In this elective students will have the opportunity to explore many of them while running. More than just running each week students will also learn proper stretching and training, proper gear and equipment, safety, hear about local running groups and famous races, how to find trails, read trail maps, and more. All running abilities welcomed. Students will need athletic shoes suitable for trail running and be prepared to be outdoors most weeks.

Arts & Crafts

Join EAS students, Angelina, Charis and Yusheen for this sure to be fun and creative elective. Show your creativity in a variety of projects like paper mache, decorating tote bags, working with clay, and everyone's favorite Shrinky Dinks, and more! A supply fee of \$12 is needed for this elective.

Brain Games

Increase your brain power and reasoning skills playing games. In this elective you will get the chance to play a variety of fun games like Rush Hour, Qwirkle, SET, Blink, and more. Students may also have the opportunity to suggest and share other games throughout the elective session.

Coastal Navigation for Sailors

Have you ever wondered: "where am I?" or "how do I get where I need to go?" Maybe you've dreamt about sailing away to Bora Bora or maybe just cutting the lines on a foggy fall morning to have lunch in Port Townsend? In this EAS elective you'll start your journey as an ocean navigator by learning the basics of chart work, use of navigational aids, voyage planning, reading tide tables and much more. This will be an interactive experience and we'll be working through lots of practical navigation problems together and in small groups. We'll also discuss real life navigation challenges faced over the course of a four year journey from Seattle to Singapore.

Money Stuff

WHAT IS IT, HOW IT WORKS AND WHAT PARENTS MEAN WHEN THEY SAY, "THAT'S NOT IN THE BUDGET!" Money is power – what does that actually mean? Let's figure it out together. Get a head start on your financial literacy while having fun! Most people figure these things out the hard way as adults. In this EAS Wednesday elective series, we will learn about money, banks, credit, investing, the economy and other money stuff in a stress-free classroom environment. Financial Beginnings Washington brings it, with real talk about money. Students will have fun learning about money with games and interactive scenarios.