Choctaw-Nicoma Park School District

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Month | Week | Day

SEPTEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
30 Pancake-Sausage on a Stick Cereal w/Toast Fresh Fruit Chicken Taquito Soft Beef Taco SIDES: Salsa & Nacho Chips Pinto Beans Watermelon	31 Oatmeal w/Toast Cereal w/Toast Fresh Fruit Lasagna Turkey & Pasta SIDES: Salad w/Ranch Breadstick Grapes	1 Ham, Egg & Cheese Biscuit Cereal w/Toast Fresh Fruit Spaghetti Baked Potato w/Fixins SIDES: Breadstick Cooked Carrots Banana	2 Eggo Pancakes Cereal w/Toast Fresh Fruit Popcorn Chicken Meatloaf SIDES: Mac & Cheese Sweet Green Peas Mixed Fruit	3 Biscuits, Gravy Cereal w/Toast Fresh Fruit Pizza SIDES: Goldfish Chips Cucumbers w/Ranch Pineapple	4 5
6 NO SCHOOL LABOR DAY	7 Sausage Biscuit Cereal w/Toast Fresh Fruit Turkey & Cheese Sub Sandwich BBQ Rib Sandwich SIDES: Sweet Potato Fries Grapes Pickle	8 Oatmeal w/Toast Cereal w/Toast Fresh Fruit Corndog Sloppy Joe SIDES: Chips Orange Sliced Green Peppers w/Ranch	9 Ham Breakfast Burrito Cereal w/Toast, Fresh Fruit Baked Chicken Chicken Fried Steak SIDES: Mashed Potatoes, Gravy Green Beans, Roll Apple Slices	10 Biscuits, Gravy Cereal w/Toast Fresh Fruit Pizza Chicken Sandwich SIDES: Goldfish Banana Green Salad w/Ranch	11 12
13 French Toast Sticks Cereal w/Toast, Fresh Fruit Chicken Taquitos Beef & Cheese Enchilada SIDES: Chips w/Salsa Pinto Beans Peaches	14 Sausage Biscuit Cereal w/Toast Fresh Fruit Orange Chicken Teriyaki Meatballs SIDES: Rice Carrot Sticks w/Ranch Mixed Fruit	15 Cinnamon Rolls Cereal w/Toast, Fresh Fruit Chef Salad w/Ham BBQ Pulled Pork Sandwich SIDES: Sweet Green Peas Banana WG Rice Krispy Mini	16 Scrambled Eggs, Sausage, Toast Cereal w/Toast Fresh Fruit Spaghetti Stromboli SIDES: Roll Corn Mandarin Oranges	17 Biscuits, Gravy Cereal w/Toast Fresh Fruit Pizza Hot Ham & Cheese SIDES: Chips Cinnamon Apples Green Salad w/Ranch	18 19
20 Pancake-Sausage on a stick Cereal /Toast Fresh Fruit Ravioli Beef, Bean & Cheese Burrito SIDES: Steamed Broccoli w/Cheese Pears Graham Crackers	21 Sausage Biscuit or Cereal w/Toast, Fresh Fruit Lasagna w/Breadstick Teriyaki Chicken w/Rice SIDES: Salad w/Ranch Grapes	22 Ham Breakfast Burrito Fresh Fruit Cheeseburger Chicken Alfredo SIDES: Banana Carrot Sticks w/Ranch No Bake Cookies	23 Oatmeal w/Toast Cereal w/Toast, Fresh Fruit Meatloaf Sliced Turkey SIDES: Mashed Potatoes w/Gravy Green Beans Mixed Fruit Roll	24 Biscuits, Gravy or Cereal w/Toast, Fresh Fruit Pizza Baked Potato w/Fixins SIDES: Breadstick Peppers w/Ranch Apple Slices	25 26
27 Eggo Mini Waffle Cinnamon Cereal w/Toast Fresh Fruit Taco Salad Soft Beef Taco SIDES: Chips w/Salsa Pinto Beans Pears Brownie	28 Sausage Biscuit Cereal w/Toast Fresh Fruit Pulled Pork Sandwich Corndog SIDES: Cooked Carrots Banana Chips	29 French Toast Sicks Cereal w/Toast Fresh Fruit Chef Salad w/Chicken Sloppy Joe SIDES: Oranges Corn WG Rice Krispy Mini	30 Ham, Egg, Cheese Biscuit Cereal w/Toast Fresh Fruit Chicken Cheese Quesadilla Cheeseburger SIDES: Fresh Broccoli w/Ranch Apple Slices Graham Crackers	1	2 3