

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us to stay healthy?	What can we do with money?	Who helps us to keep safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us to grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	Personal Identity	Mental Wellbeing	Staying Safe	Media Literacy	Keeping Active	Health and Hygiene
Year 6	Friendships and Staying Safe	Respect and Bullying	Substances	Careers	Puberty and Reproduction	Managing Change
Year 7	Personal identity and values Learning skills and teamwork Respect in school		Making and maintaining friendships Identifying and challenging bullying Communicating online		Rights in the community Relationship boundaries Unwanted contact FGM and forced marriage	
Year 8	Stereotypes, prejudice and discrimination Promoting diversity and equality		Drugs and alcohol Introduction to contraception Resisting peer influence Online choices and influences		Aspirations for the future Career choices Identity and the world of work	

Relationships

Health and Wellbeing

Living in the wider world