

SEPTEMBER MENU

"Free Student Meals"

USDA Extends **FREE** Meals to **ALL** Students for the 2021-22 school year.

ALERT: DUE TO THE EXTREME FOOD AND SUPPLY CHAIN SHORTAGES, WE'RE HAVING TO SUB ITEMS AND MAKE CHANGES TO OUR MENUS WHEN NECESSARY.

Food Service Job Openings Available

2 and 2.5-hr. cook positions. Cook Starting pay \$15 Sub \$14.

The Best job to have while your kiddos are in school. Apply Now at www.dunlapcusd.net

Monday

Tuesday

Wednesday

Thursday

Friday

Sep 1

"DAILY HOMESTYLE"
Choose 1 Meal Option
PG: MEATBALL SUB
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: SWEET FRIES
V: VEGGIE BAR
F: HOT CINNAMON APPLES
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV: GRAB & GO MEAL
PGV:VEGETARIAN GRAIN BOWL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Sep 2

"DAILY HOMESTYLE"
Choose 1 Meal Option
PG:CHEESY CHICKEN
ENCHILADA NACHOS
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: MIXED VEGETABLES
V: VEGGIE BAR
F: FRUIT- VARIETY
G:CINNAMON
BREADSTICK
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV: GRAB & GO MEAL
PGV:VEGETARIAN GRAIN BOWL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE
* SALSA
* SOUR CREAM

Sep 3

TEACHER'S INSTITUTE
NO SCHOOL TODAY

Sep 6

NO SCHOOL TODAY
LABOR DAY

Sep 7

"DAILY HOMESTYLE"
Choose 1 Meal Option
PG: PEPPER JACK
GRILLED CHICKEN
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: EVER-CRISP FRIES
V:BAKED BEANS
V: VEGGIE BAR
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV: GRAB & GO MEAL
PGV:VEGETARIAN GRAIN BOWL
* KETCHUP
* MIRACLE WHIP
*SALAD DRESSING
* BBQ SAUCE

Sep 8

"DAILY HOMESTYLE"
Choose 1 Meal Option
PG:PHILLY CHEESESTEAK*
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: CURLY FRIES
V: VEGGIE BAR
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV: GRAB & GO MEAL
*SALAD DRESSING
* KETCHUP
* BBQ SAUCE

Sep 9

"DAILY HOMESTYLE"
Choose 1 Meal Option
PG:CHICKEN/NOODLES
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: MASHED POTATOES
CHICKEN GRAVY
V: STEAMED CARROTS
F: FRUIT- VARIETY
G: WHEAT ROLL
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV: GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP

Sep 10

"DAILY HOMESTYLE"
Choose 1 Meal Option
PG: TANGERINE CHICKEN
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
BROWN RICE
V: BROCCOLI
V: VEGGIE BAR
F: FRUIT- VARIETY
G:HONEY BISCUIT
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV: GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP

Sep 13

"DAILY HOMESTYLE"

Choose 1 Meal Option
SLOPPY JOE'S
BOLD PRIMO PIZZA
P/G/V: SUB STATION
"DAILY SIDES"
(CHOOSE MIN. 2)
V: EVER-CRISP FRIES
V: STEAMED CARROTS
V: VEGGIE BAR
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
KETCHUP

Sep 14

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG:CHICKEN SLIDERS
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: AU GRATIN POTATOES
V: VEGGIE BAR
F: HOT CINNAMON APPLES
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Sep 15

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG: FISH SANDWICH
PG: TOASTED GARLIC
CHEESE PIZZA BREAD
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
G: MACARONI & CHEESE
V: CORN
V: VEGGIE BAR
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
TARTER SAUCE
* BBQ SAUCE

Sep 16

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG: COUNTRY FRIED STEAK*B
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: MASHED POTATOES
COUNTRY GRAVY
V: STEAMED CARROTS
V: VEGGIE BAR
F: FRUIT- VARIETY
G: HOT WHEAT ROLL
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Sep 17

"DAILY HOMESTYLE"

Choose 1 Meal Option
"BUILD A TACO"
PGV: BEEF OR CHICKEN
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
G: SCOOP TORTILLA CHIPS
V: VEGGIE BAR
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE
SALSA
* SOUR CREAM

Sep 20

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG: CHSE.BURGER*B
GARDEN VEGETARIAN
BURGER
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: EVER-CRISP FRIES
V: CORN
V: VEGGIE BAR
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Sep 21

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG: BOOM BOOM CHICKEN
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: AU GRATIN POTATOES
V: VEGGIE BAR
F: HOT CINNAMON APPLES
G: WHEAT ROLL
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Sep 22

"DAILY HOMESTYLE"

Choose 1 Meal Option
P/G: BOSCO STICKS
W/ MARINARA
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: GREEN BEANS
V: VEGGIE BAR
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
SALSA
* SOUR CREAM

Sep 23

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG: ALFREDO CHICKEN
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: STEAMED CARROTS
F: FRUIT- VARIETY
G: GARLIC TOAST
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV; GRAB & GO MEAL
PGV:VEGETARIAN GRAIN BOWL
*SALAD DRESSING
* MIRACLE WHIP

Sep 24

SCHOOL
IMPROVEMENT DAY
NO LUNCH SERVED

Sep 27

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG:CHICKEN PATTY
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V:SCALLOPED POTATOES
V: VEGGIE BAR
F: HOT CINNAMON APPLES
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Sep 28

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG: CORN DOG *C
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: TATER TOTS
V: MIXED VEGETABLES
V: VEGGIE BAR
F: FRUIT- VARIETY
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Sep 29

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG: BRD. CHICKEN
DRUMSTICK
BOLD PRIMO PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: MASHED POTATOES
CHICKEN GRAVY
V: STEAMED CARROTS
V: VEGGIE BAR
F: FRUIT- VARIETY
G: HOT WHEAT ROLL
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Sep 30

"DAILY HOMESTYLE"

Choose 1 Meal Option
PG: SPAGHETTI &
MEAT SAUCE *B
PG: NARDONE BROS
PIZZA
P/G/V: SUB STATION

"DAILY SIDES"
(CHOOSE MIN. 2)
V: GREEN BEANS
V: VEGGIE BAR
F: FRUIT- VARIETY
G:TWISTED BREADSTICK
D: MILK -FF & 1%
PGV: CHEF SALAD
PGV:VEGETARIAN GRAIN BOWL
PGV; GRAB & GO MEAL
*SALAD DRESSING
* MIRACLE WHIP
* KETCHUP
* BBQ SAUCE

Dunlap High School

The USDA has extended FREE meals to all students for the 2021-22 school year. No paperwork needed to qualify.

Extra milk and Ala Carte food items will need to be purchased they are not free. Use the Myschoolbucks link to add lunch money.

<https://www.dunlapcusd.net/quicklinks/lunch-menu>

Dunlap High School Lunch Price - FREE (school year 21-22)

Reduced Lunch Price- FREE (school year 21-22)

Milk only - .45 ea.

Adult/Guest Meal Price - \$3.75

"BUILD YOUR OWN LUNCH TRAY"

PICK 3-5 FOOD GROUPS

- * FRUIT (MUST TAKE FRUIT OR VEGETABLE)**
- * VEGETABLE (MUST TAKE FRUIT OR VEGETABLE)**
- * DAIRY, * GRAIN, * PROTEIN**

2021-22 Household Meal Applications are available for everyone throughout the school year.

MyschoolApps link <https://www.dunlapcusd.net/quicklinks/lunch-menu>

Reminder : A New Application must be filled out every new school year.

Did you know we have a Kitchen Angel Lunch donation account that is used to help struggling families pay for school meals? If you would like to help, need help or want information please contact:

Lisa Leitner, Director of Food Services at lleitner@dunlapcusd.net

Welcome Back We Missed You!

Have a Safe and Wonderful School Year!