

# LWSD Middle School Lunch Menu

Sept 13th - 17th



## FRUIT AND VEGETABLES OFFERED DAILY WITH LUNCH CHOICES

Fruits, Vegetables & Low Fat or Fat Free Milk included with all meals.

### Daily Options

*Chicken Caesar Salad and Caesar Salad  
with Rolls*



<b>MONDAY</b>	Turkey Sub Sandwich
<b>TUESDAY</b>	BBQ Chicken Sub Sandwich
<b>WEDNESDAY</b>	Turkey Ham Sub Sandwich
<b>THURSDAY</b>	Italian Sub Sandwich (pork)
<b>FRIDAY</b>	Chicken Bacon Ranch Wrap

### 3 Options Served Daily

*with French Fries or Tater Tots*

*Cheeseburger, Hamburger, Chicken Burger,  
Spicy Chicken Burger or Veggie Burger*



<b>MONDAY</b>	Bacon Cheeseburger
<b>TUESDAY</b>	Chicken Corndog
<b>WEDNESDAY</b>	Grilled Cheese
<b>THURSDAY</b>	Turkey Hot Dog
<b>FRIDAY</b>	Chicken Nuggets with Roll

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<b>MONDAY</b>	Pepperoni (Pork) or Cheese Pizza
<b>TUESDAY</b>	Pepperoni (Pork) or Cheese Pizza
<b>WEDNESDAY</b>	Pepperoni (Pork) or Cheese Pizza
<b>THURSDAY</b>	Pepperoni (Pork) or Cheese Pizza
<b>FRIDAY</b>	Pepperoni (Pork) or Cheese Pizza



### This Week's Feature:

MONDAY - Bean & Cheese Burrito  
TUESDAY - Pancakes & Sausage  
WEDNESDAY - BBQ Chicken Sandwich  
THURSDAY - Baked Penne Pasta  
FRIDAY - Fish Po Boy Sandwich