



CFBISD COVID-19 DECISION TREE

This guidance is based on CDC and DCHHS guidelines and serves to help staff and school nurses understand various situations that may occur in the school setting. All reports of students, staff, and faculty with a confirmed diagnosis of COVID-19 should be reported to DCHHS.

CONFIRMED OR SICK

ISOLATE AT HOME

- Stay home at least 10 days since symptoms appeared

AND

- Fever free for at least 24 hours without fever reducing medication

AND

- Improvement in symptoms

If asymptomatic, isolate for 10 days from test date.

CLOSE CONTACT/EXPOSURE

QUARANTINE

- Both DCHHS and CDC still recommend a 10-14 day quarantine, with date of exposure being day 0.

However, quarantine can be shortened in the following situations:

- 10 days of quarantine when no symptoms were ever present (asymptomatic)
- If symptoms develop, follow three step criteria under Confirmed or Sick
- If you live with someone who has COVID-19 and cannot avoid continued close contact, quarantine starts after the person who has COVID-19 meets the criteria to end home isolation

RETURN TO SCHOOL

May return to school when the above can be met.

RETURN TO SCHOOL

May return to school when the following can be met:

- symptom free at the end of the quarantine period

1. If an individual has symptoms that could be COVID-19 and wants to return to school before completing stay at home period, the individual must either (a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis or (b) obtain a negative molecular (PCR) or antigen test conducted by a healthcare provider.

Close contact is defined as:

- a. being directly exposed to infectious secretions (e.g., being coughed on); or
- b. being within 6 feet for a cumulative duration of 15 minutes over a 24-hour period;

Either (a) or (b) defines close contact if it occurred during the infectious period of the lab confirmed case, defined as two days prior to symptom onset to 10 days after symptom onset. In the case of asymptomatic individuals who are lab-confirmed with COVID-19, the infectious period is defined as two days prior to the confirming lab test and continuing for 10 days following the confirming lab test.

People who are fully vaccinated do not need to quarantine after contact with someone who had COVID-19 unless they have symptoms.

Fully vaccinated individuals who have come into close contact with someone with COVID-19 should be tested 3-5 days after exposure.

Individuals with COVID-19 illness within the previous 3 months that have recovered and remain without COVID-19 symptoms do not need to quarantine after contact with someone who had COVID-19.