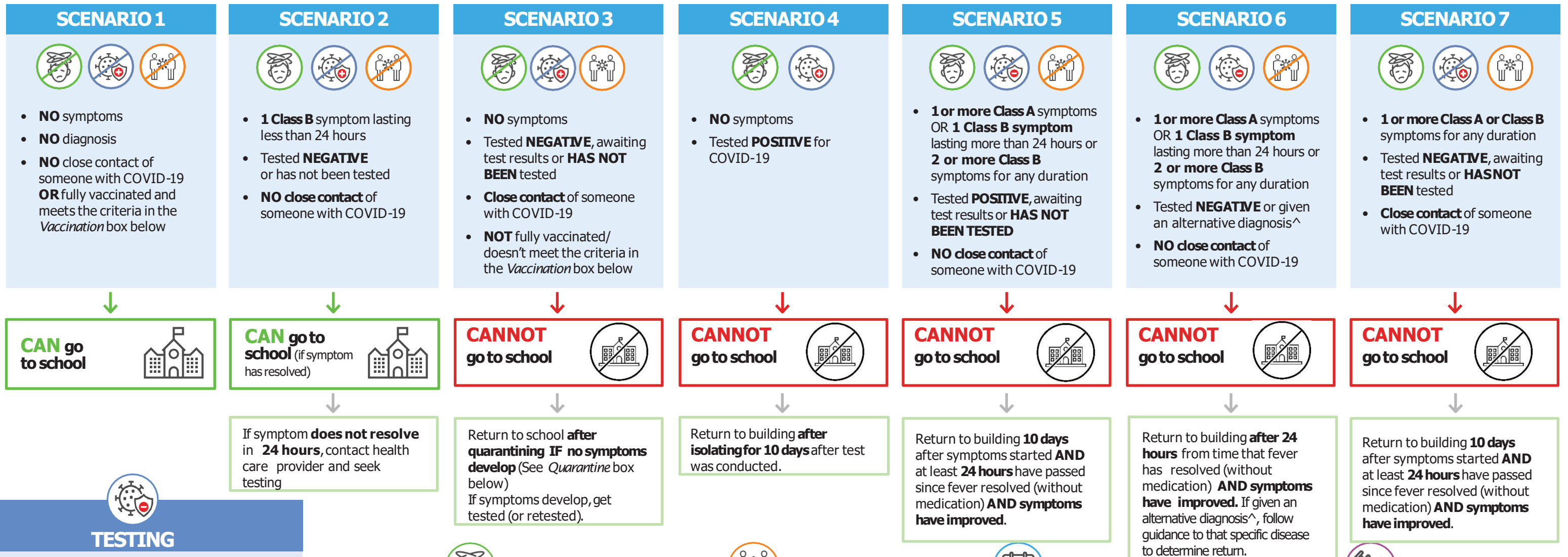


COVID-19 Symptom Flow Chart



South Kitsap School District 9/9/2021



TESTING

- If a person with COVID-19 symptoms tests negative for COVID-19 with a **PCR test**, they may return to school.
 - If a person with COVID-19 symptoms tests negative for COVID-19 with a **rapid test**, they may return to school but **repeat testing** must be performed **every 3-7 days for 14 days**. If at any point a negative PCR test is performed, repeat testing may end.
- Negative at home COVID-19 test kit results are not accepted*



Unvaccinated household members of a symptomatic individual awaiting test results need to quarantine until results are received

^Acceptable alternative diagnosis to COVID-19 provided by a health provider include ear infection or lab confirmed disease such as strep throat or influenza. Unconfirmed acute illness, such as viral upper respiratory illness (URI) or viral gastroenteritis, will not suffice.

SYMPTOMS*

- CLASS A:**
- Fever (100.4°F or higher)
 - Chills
 - Cough
 - Loss of sense of taste/smell
 - Shortness of breath
- CLASS B:**
- Fatigue
 - Headache
 - Muscle/body aches
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

*That are not explained by an existing medically documented condition, such as migraines or asthma

CLOSE CONTACTS

- Generally, "Close Contact" means being within 6 feet (3 feet for students in a cohort when wearing masks) of a person with COVID-19 during their infectious period for about 15 cumulative minutes or more in a 24-hour period.
- Members of a household are considered close contacts.
- When a close contact is unable to isolate from an infectious individual, their quarantine begins after the 10th day of the close contacts isolation.

QUARANTINE OPTIONS

- If a person who is in quarantine receives a negative COVID-19 test and has no symptoms, quarantine can end after Day 7. The person must be tested on or after Day 5 (PCR or Rapid results are acceptable), and quarantine cannot be discontinued earlier than Day 8. Even if a negative test is received before Day 8, the quarantine period is a full seven days.
- If a person who is in quarantine has no symptoms, quarantine can end after Day 10 without testing.

FULLY VACCINATED or COVID RECOVERED

- People who are fully vaccinated (i.e., ≥2 weeks following receipt of the second dose in a 2 dose series or ≥2 weeks following receipt of a single-dose vaccine) and do not have symptoms do not have to quarantine but **SHOULD** get tested 5-8 days after exposure (PCR or Rapid results are acceptable). Vaccine status must be verified with the district.
 - If exposure to the positive case is ongoing (i.e., living with a positive household member that is not able to isolate), repeat testing (PCR or Rapid results are acceptable) every 3-5 days is recommended until exposure has ended, or the positive individual is no longer considered contagious. Then one additional negative test is suggested 3-5 days after exposure has ended.
 - People who have recovered from a COVID-19 infection in the last 90 days do not need to quarantine.
- If **symptoms** develop, **isolate** from others, notify your school, contact your health care provider and seek testing.