

# September Brunch Menu

## Nordstrom Elementary

1  
Chocolate Chip Muffin  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

2  
Sliced Zucchini Bread  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

3  
Mini Cinnamon Rolls  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

6  
Whole Grain Breakfast Bun  
Oranges  
1% Lowfat Milk  
Fat Free Chocolate Milk

8  
Whole Grain Cinnamon  
Pop Tart  
Oranges  
1% Lowfat Milk  
Fat Free Chocolate Milk

9  
Apple Blueberry Chip  
Benefit Bar  
Oranges  
1% Lowfat Milk  
Fat Free Chocolate Milk

10  
Whole Grain Banana  
Bread  
Oranges  
1% Lowfat Milk  
Fat Free Chocolate Milk

13  
Blueberry Muffin  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

14  
Sliced Zucchini Bread  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

15  
Whole Grain Crumb Square  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

16  
French Toast Benefit Bar  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

17  
Chocolate Chip Muffin  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

20  
Apple Cinnamon Bear Paw  
Fresh Grapes  
1% Lowfat Milk  
Fat Free Chocolate Milk

21  
Whole Grain Donut  
Fresh Grapes  
1% Lowfat Milk  
Fat Free Chocolate Milk

22  
Whole Grain Breakfast Bun  
Fresh Grapes  
1% Lowfat Milk  
Fat Free Chocolate Milk

23  
Banana Chocolate Chunk  
Benefit Bar  
Fresh Grapes  
1% Lowfat Milk  
Fat Free Chocolate Milk

24  
Whole Grain Banana Muffin  
Fresh Grapes  
1% Lowfat Milk  
Fat Free Chocolate Milk

27  
Cocoa Cherry Bar  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

28  
Strawberry Oat Chewie Bar  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

29  
Chocolate Chip Muffin  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

30  
Chocolate Chip Oatmeal  
Benefit Bar  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk

1  
Mini Cinnamon Rolls  
Red Apples  
1% Lowfat Milk  
Fat Free Chocolate Milk