

September Brunch Menu

Nordstrom Elementary

1
Chocolate Chip Muffin
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

2
Sliced Zucchini Bread
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

3
Mini Cinnamon Rolls
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

6
Whole Grain Breakfast Bun
Oranges
1% Lowfat Milk
Fat Free Chocolate Milk

8
Whole Grain Cinnamon
Pop Tart
Oranges
1% Lowfat Milk
Fat Free Chocolate Milk

9
Apple Blueberry Chip
Benefit Bar
Oranges
1% Lowfat Milk
Fat Free Chocolate Milk

10
Whole Grain Banana
Bread
Oranges
1% Lowfat Milk
Fat Free Chocolate Milk

13
Blueberry Muffin
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

14
Sliced Zucchini Bread
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

15
Whole Grain Crumb Square
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

16
French Toast Benefit Bar
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

17
Chocolate Chip Muffin
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

20
Apple Cinnamon Bear Paw
Fresh Grapes
1% Lowfat Milk
Fat Free Chocolate Milk

21
Whole Grain Donut
Fresh Grapes
1% Lowfat Milk
Fat Free Chocolate Milk

22
Whole Grain Breakfast Bun
Fresh Grapes
1% Lowfat Milk
Fat Free Chocolate Milk

23
Banana Chocolate Chunk
Benefit Bar
Fresh Grapes
1% Lowfat Milk
Fat Free Chocolate Milk

24
Whole Grain Banana Muffin
Fresh Grapes
1% Lowfat Milk
Fat Free Chocolate Milk

27
Cocoa Cherry Bar
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

28
Strawberry Oat Chewie Bar
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

29
Chocolate Chip Muffin
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

30
Chocolate Chip Oatmeal
Benefit Bar
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

1
Mini Cinnamon Rolls
Red Apples
1% Lowfat Milk
Fat Free Chocolate Milk

September Lunch Menu

Nordstrom Elementary

		1		2		3
				Cheese Pizza Slice Vegetable / Fruit Garbanzo Beans		Chicken Fried Rice Bowl Strawberry & SunButter Sandwich Vegetable / Fruit Garbanzo Beans
6		7		8		9
		Breakfast Quesadilla Vegetable / Fruit Garbanzo Beans		Taco Stick, Beef Whole Grain Bean & Cheese Burrito Vegetable / Fruit Garbanzo Beans		Pepperoni Pizza Cheese Pizza Vegetable / Fruit Garbanzo Beans
						10
						Ham & Cheddar Sandwich Strawberry & SunButter Sandwich Vegetable / Fruit Garbanzo Beans
13		14		15		16
Cheese Quesadilla Vegetable / Fruit Garbanzo Beans		Hot Dog Whole Grain Bean & Cheese Burrito Vegetable / Fruit Garbanzo Beans		BBQ Teriyaki Chicken Rice Bowl Strawberry & SunButter Sandwich Vegetable / Fruit Garbanzo Beans		Cheese Pizza Pepperoni Pizza Vegetable / Fruit Garbanzo Beans
						17
						Cheeseburger Strawberry & SunButter Sandwich Vegetable / Fruit Garbanzo Beans
20		21		22		23
Penne Alfredo Bowl Vegetable / Fruit Garbanzo Beans		Cheese Pull Apart Vegetable / Fruit Garbanzo Beans		Chicken Chimichanga Whole Grain Bean & Cheese Burrito Vegetable / Fruit Garbanzo Beans		Whole Grain Pizzaboli Vegetable / Fruit Garbanzo Beans
						24
						Whole Grain Chicken Corn Dog Strawberry & SunButter Sandwich Vegetable / Fruit Garbanzo Beans
27		28		29		1
Chicken Slider Strawberry & SunButter Sandwich Vegetable / Fruit Garbanzo Beans		Whole Grain Bean & Cheese Burrito Vegetable / Fruit Garbanzo Beans		Bean, Cheese & Salsa Verde Pocket Vegetable / Fruit Garbanzo Beans		Pepperoni Pizza Cheese Pizza Vegetable / Fruit Garbanzo Beans
						1
						Chicken Fried Rice Bowl Strawberry & SunButter Sandwich Vegetable / Fruit Garbanzo Beans