The following character education themes will be implemented in Guidance lessons, by the counselor, teachers and school wide activities:

Month	Theme	Resources
	School Rules	Quaver SEL Lessons
	Student Expectations	Go Noodle
August	Personal Boundaries	We Do Listen Foundation: Howard B.
<u> </u>	School Safety—Safe & Trusted Adult	Character Counts Lessons
	Self-Confidence	Quaver SEL
	Mindfulness	Go Noodle
September	Coping with Anger / Frustration Emotions	We Do Listen Foundation: Howard B.
September	& Self-Care	Wigglebottom
	The Golden Rule	Character Counts Lessons
		Class DOJO / Growth Mindset
	Duke TIP	Quaver SEL Lessons
	Red Ribbon Week	Red Ribbon Activities
	The Golden Rule	Wise Owl Safety Kit: Is That Good for Me?
		Go Noodle
October		We Do Listen Foundation
October	Anti-Bullying	Do Unto Otters by L. Keller
	Fire Safety	Sparky Says Join My Fire Safety Club Video
	Bus Safety	Buster's Safety Badge! School Bus Safety
		Rules and Behavior Expectations for
		Primary Students!
		PBS: Daniel Tiger's Neighborhood
	Develop Healthy Friendship	Quaver SEL Lessons
•		Go Noodle
	Respect Others / Empathy	We Do Listen Foundation
November	Giving / Peace	PBS: Daniel Tiger's Neighborhood
	Grief / Hope	Character Counts Lessons
		Class DOJO / Growth Mindset
		Sesame Street: Helping Kids Grieve

December	College 101	Virtual College Tours
	College / Career Fair	Who Am I? PPT
January	STEM / Choice Slips	
	Set Goals, Planning	Quaver SEL
	Problem Solving	Go Noodle
	Decision Making	Class Dojo/ Growth Mindset
		The Little Engine that Could Video/
		Activities
		Setting Goals—Brain Pop
		Class Dojo: Growth Mindset /
		Perseverance
February	Multicultural Awareness	Quaver SEL Lessons
	Relate Well with Others	Go Noodle
	Communication Skills	Dr. Seuss: The Sneetches
		Life Vest: Boomerang Effect
		Character Counts Lessons
	Test-Taking Skills	Quaver SEL Lessons
March	Stress Management	Go Noodle
	Motivation to Achieve	Character Counts Lessons
		Be Still Little Tree, Be Still Book &
		Activities
April	Conflict Resolution	Conflict Resolution PPT/ Positive and Neg
	Child Abuse Awareness	tive Techniques
	Child Abuse Awareness	Peace 101 PPT: How to solve conflict in a peaceful way!
	Play It Safe	Play It Safe Resources
	<u> </u>	Character Counts Lessons
May	Manage Transition	Quaver SEL
	Responsible Behavior	Dr. Seuss: Oh the Places You'll Go
		Character Counts Lessons
		Go Noodle