



GIMME FIVE!!

WHITMAN ATHLETICS NEWSLETTER

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Gimme Five!! provides five quick updates from Whitman Athletics. Each newsletter will be formatted to provide links to relevant information .

Gimme Five!! will be published two times each month and distributed via email to families with children participating in Athletics.

It will also be shared via the Whitman Athletics Twitter page and Whitman Facebook page.

1

Fall Athletics Parent Meeting

Thanks to all who were able to attend the Fall Athletics Parent Information meeting on 8/26. For those of you who were unable to attend due to other summer obligations, the link below takes you to the slides shown at the meeting. If you have any questions, please let me know. [Fall Athletics Parent Information Meeting Slides](#)

2

Athletic Trainer

Our district contracts with Rochester Regional Health to provide services for an Athletic Trainer. This year that role will be fulfilled by Dylan Goodsell. Dylan will have office hours twice a week through the year and be available to all student-athletes. To start the year, office hours will typically be Tuesday's and Friday's from 2:30-4pm. Days may vary as we continue through the year. Dylan will also cover games in the following sports: Varsity Football, Modified Football, Girls & Boys Varsity Soccer, Girls & Boys Varsity Basketball, Varsity Wrestling and Girls & Boys Varsity Lacrosse. To start the year, Dylan will have a home base in our nurse's office. Once the new second floor is completed, he will move to that area for office hours. Inevitably, your child will experience the aches, pains and discomfort that comes with being an athlete. Dylan can offer preventative techniques in this area and will also be able to respond and support students to work through these challenges.

Student must attend a full day of school in order to participate in sports on that day:

3

CONCESSION STAND IS OPEN

We are excited to put our new concession to full use this fall for athletic events. Home events for Varsity and Modified Football, Varsity Soccer and Youth Football will be able to use this space to serve all the normal food and drinks. The Boosters for each respective group will be operating concessions for these events. We look forward to using this awesome upgrade to our facility.

4

SECTION V ATHLETICS WEBSITE

Section V Athletics has a great website that you may find useful for information on the sport in which your child participates. There is a link to each sport which will give you access to schedules, league standings, sectional standings and more. Here is the link: [Section V Athletics Website](#)

5

SEASON OPENERS

What an exciting first week of contests for Whitman Athletics.

The girls swimming/diving team opened their season at an Invitational at Newark and hosting Livonia. Many swimmers posted Personal Best times to start their season. They will be an exciting team to watch this year.

Both the girls and boys varsity soccer teams opened their seasons as well. The boys now are 1-1 with a recent 4-0 Victory over Hammondsport. The girls have started strong with victories over Naples, Geneva and Dundee.

Tennis also opened their season with matches vs. Avoca/Prattsburgh and Waterloo.

Friday night was the return of Wildcat Football under the lights. The Wildcats scored with 58 seconds left to take a 26-19 lead. However, Penn Yan/Dundee was able to drive and score with 2 seconds left to pull within one. That led to the play of the night as the Wildcats blocked the extra point to secure the 26-25 victory.

What a game!!

Looking forward to more exciting contests this fall. Schedules can be found [here](#).



GO WILDCATS!!!

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