Welcome to our Lunch Cafe

9/1/2021 - 9/3/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
CUCINA					
World **  MARKET					
World T. M. MARKET					
Healthy					
Great SAMERICAN SANOWICH CO.					
Frait Stands					



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at www.FDMealPlanner.com or download

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The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1½, fat free or flavored milk & a grain. \*\*\*\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.











Welcome to our Lunch Cafe

9/6/2021 - 9/10/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Miss RUBY'S				Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries
GRILL	ALL LUNCH	ES ARE FREE TO ALL S	STUDENTS! LUNCHES ARE	PREPACKED FOR FOOD S	SAFETY!
20 CUCINA				Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese
World S. MARKET				Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house
World Tr.				DAILY SPECIAL	DAILY SPECIAL
Healthy				Side of Beans side of beans cooked to tender perfection Garden Salad Fresh Pear	Garden Salad Shredded Carrots Watermelon Cup
Great SAMERICAN				Ham & Cheese Sandwich p Turkey & Cheese Sandwich	Ham & Cheese Sandwich P Turkey & Cheese Sandwich
			ASSORTED		
			FRUITS		
Frait Stand			AVAILABLE DAIL ASSORTED CONDIMENTS	_Y	
			CONDIMENTS		



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Welcome to our Lunch Cafe

9/13/2021 - 9/17/2021

Kul	Monday	Tuesday	Wednesday	Thursday	Friday		
Miss RUBY'S	Cheeseburger Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries		Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries		
	ALL LUNCHES ARE FREE FOR ALL STUDENTS! LUNCHES ARE PREPACKED FOR FOOD						
de CUCINA CUCINA	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese		Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese		
World * **  MARKET	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house		Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house		
World 🔭							
Healthy	Steamed Corn Fresh Green Grapes	Shredded Carrots Fresh Orange	Celery Shredded Carrots Fresh Apple		Side Garden Salad fresh lettuce and tomato salad Honeydew and Cantaloupe Cup		
Great SADWICH CO.	Ham & Cheese Sandwich p Turkey & Cheese Sandwich	Ham & Cheese Sandwich p Turkey & Cheese Sandwich	Ham & Cheese Sandwich p Turkey & Cheese Sandwich		Ham & Cheese Sandwich p Turkey & Cheese Sandwich		
	ASSORT	D FRUITS	+				
Frait (Sep.) EXPRESS		LE DAILY ED					
Million							



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Welcome to our Lunch Cafe

9/20/2021 - 9/24/2021

	Monday	Tuesday	Wednesday	Thursday	Friday			
Miss RUBY'S	Cheeseburger Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries			
	LUNCHES ARE	LUNCHES ARE FREE FOR ALL STUDENTS! LUNCHES ARE PREPACKED FOR FOOD						
ga CUCINA	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese			
	Crispy Chicken							
World * **	Sandwich Sandwich warm crispy breaded chicken on a bun prepared in-house	Sandwich  Sandwich  warm crispy breaded  chicken on a bun  prepared in-house	Sandwich  Sandwich  warm crispy breaded  chicken on a bun  prepared in-house	Sandwich  Sandwich  warm crispy breaded  chicken on a bun  prepared in-house	Sandwich  Sandwich  warm crispy breaded  chicken on a bun  prepared in-house			
World TA	DAILY SPECIAL	DAILY SPECIAL	DAILY SPECIAL	DAILY SPECIAL	DAILY SPECIAL			
Healthy	Steamed Corn Fresh Green Grapes	Shredded Carrots Fresh Orange	Shredded Carrots Cucumber Coins Sauteed Cinnamon Apple Slices	Side of Beans side of beans cooked to tender perfection Fresh Banana	Garden Salad Fresh Green Grapes			
Great Samerican	Ham & Cheese Sandwich P Turkey & Cheese Sandwich							
Frait And EXPRESS								



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Welcome to our Lunch Cafe

9/27/2021 - 9/30/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Miss RUBY°S	Cheeseburger Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Classic Beef Burger Cheeseburger Beef Hot Dog on Bun Oven Baked Fries	Cheeseburger Classic Beef Burger Beef Hot Dog on Bun Oven Baked Fries	
	LUNCHES	ARE FREE FOR ALL STU	DENTS! LUNCHES ARE P	REPACKED FOR FOOD SAI	FETY!
10 CUCINA	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	Classic Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese	
World * **  6 MARKET	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	
World T. T. MARKET	DAILY SPECIAL	DAILY SPECIAL	DAILY SPECIAL	DAILY SPECIAL	
Healthy	Steamed Corn Fresh Red Delicious Apple	Shredded Carrots Fresh Orange	Celery Sticks Shredded Carrots Fresh Apple	Side of Beans side of beans cooked to tender perfection Fresh Green Grapes	
Great SAMERICAN	Ham & Cheese Sandwich p Turkey & Cheese Sandwich	Ham & Cheese Sandwich p Turkey & Cheese Sandwich	Ham & Cheese Sandwich p Turkey & Cheese Sandwich	Ham & Cheese Sandwich P Turkey & Cheese Sandwich	
	ASSA	RTED FRUITS			
Frait And EXPRESS	AVAI ASSO CON	LABLE DAILY PRTED DIMENTS			
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