

# BISD Elementary Counselor Lesson/SEL Themes 2021-2022 with Quaver SEL integration

Counselor Name: Alma Trott Campus: Champion  
 Principal's Name/ R. Torres Principal's Signature/ Date *RA only*

Month Content Area	Themes	QuaverSEL	Resources	Lesson/Objective	Lesson Goals	Character/SEL Competency
August	School Rules	K-3 Lesson 2	quaver video, questions Franklino goes to school	Follow Rules	Follow rules	Self Awareness
	Student Expectations	Pre-K Lessons 5, 15, 16K-5 Lesson 27	School Rules w/George PBS	Listening Skills	Asking app. Questions	Self Awareness
	Personal Boundaries	K-5 Lesson 29	quaver video, Read my Space	Define Boundaries	Be Safe	Self Awareness
Personal Health and Safety	School Safety - Safe & Trusted Adult		<b>Tx School Safety Center &amp; Sandy Hook Lessons</b>	Define Safety and Safe People	Be Safe	Social Awareness
September	Self-Confidence	Pre-K Lesson 4K-5 Lesson 6, 21	Emily's Quills book	Reflect on happiness	Be Happy	Self Awareness
	Intrapersonal	Mindfulness	Grovers Manners book	Define Manners	Be Kind	Self Awareness
Effectiveness	Anger/Frustration Emotions & Self-Care	Grades 2-5 Lesson 1K-5 Lesson 32	PBS Daniels Anger Videoquever Sportmanship, Soda Pop Head	Define Anger	Control Anger	Self Awareness
	Bus Safety	Song "Our School"	Buster, This is way go to school Song	Vehicle Safety	Be Safe	Responsible behavior
Personal Health and Safety	Fire Prevention	Grade 3 Lesson 29	Stop, Drop Roll Quaver Emergency video	Define Fire safety	Be Safe	Responsible behavior
	Red Ribbon Week	Grade 2 Lesson 24Grade 4 Lesson 24	Usher Video, Book Good DrugsBad Drugs	Define Drug Safety	Be Safe	Responsible behavior
Intrapersonal	Anti-Bullying	K-5 Lesson 28	quaver video Spookley	DefineBully	Be safe	Responsible behavior
	Effectiveness	DUKE TIP		Define Careers	goals	Responsible behavior
Post Secondary Ed			<b>I want to be a.....</b>	Define Careers	goals	Responsible behavior
Interpersonal	Develop Healthy Friendship	Pre-K Lessons 7, 8 K-5 Lesson 4	quaver Video Winne the Pooh	Define Friendship	Be Friendly	Social Awareness
	Respect others/Empathy	Pre-K Lessons 11, 13, 14, 18K-5 Lessons 18, 23	Quaver Video, Kindness and Empathy book Dine kindness	Define Sharing	Be Kind	Social Awareness
Effectiveness	Giving/Peace	Pre-K Lessons 17, 18K-5 Lesson 9	Quaver Video, Giving Tree Book	Define Grief	Ways to Grief	Social Awareness
	Grief/Hope	K-5 Lesson 35	Quaver Video, Buddy's Grandpa	Define Grief	Ways to Grief	Social Awareness
December	College 101	K-5 Lessons 21, 25, 27	Quaver video, when I grow Up	Define Goals	Goals	Self Management
	College /Career Fair		when I grow up Book	Define Goals	Goals	Self Management
Career Readiness	Careers Bingo		Careers Bingo	Define Goals	Goals	Self Management
Post Secondary Ed	STEM	Grade 5 Lesson 22		Define Goals	goals	Self Management
	Choice Slips			Define Goals	goals	Self Management
Career Readiness	Set Goals, Planning	K-5 Lessons 7, 12	quaver video, when I grow up book	Define Goals	goals	Self Management
	Problem Solving	K-5 Lessons 15, 20	quaver video, Breath and think book Finding Solution	Define Solution	solutions	Self Management
Intrapersonal	Decision Making	K-5 Lessons 5, 20, 24	Quaver video, Prudy's Problem book Making Choices	Define Choices	Choices	Self Management
	Effectiveness			Define Choices	Choices	Self Management
BISD Elementary Counselor Lesson Themes - 2021-2022						
Month Content Area	Themes		Resources	CCI Lesson	Academic	Social Emotional
February	Multicultural Awareness	K-5 Lesson 18	Youn MLK Jr Book	Acceptance	Accepting others	Responsible Behavior
	Relate Well With Others	Pre-K Lessons 6, 7, 8, 12, 18K-5 Lesson 4	Saying what you mean book	Communication Skills	Verbal comm	Responsible Behavior
Effectiveness	Communication Skills	K-5 Lessons 3, 19	Speak up Molly Lou Book	Communication Skills	Verbal Skills	Responsible Behavior
	Test-taking skills	K-5 Lesson 27Grades 2-5 Lesson 31	Test taking Bingo	Testing Skills	Testing	responsible Behavior
Interpersonal/ Intrapersonal	Stress Management	K-5 Lesson 17Grades 2-5 Lesson 31	Facing Fears Book	Fears books	Stress	responsible Behavior
	Motivation to Achieve	K-5 Lesson 25	ME Book	Self esteem	Esteem	responsible Behavior
Effectiveness						

<b>April</b>	Conflict Resolution	K-5 Lesson 14	Buddy plays fair quaver video	<b>resolving conflict</b>	conflict	responsible behavior
<i>Interpersonal</i>	Child Abuse Awareness			Be safe	Safety	responsible behavior
<i>Effectiveness</i>	Play It Safe	Grades K-5 Lesson 29	<b>quaver Video, 911</b>	<b>Be Safe</b>	safety	social behavior
<b>MAY</b>	Manage Transition	K-5 Lesson 34	quaver video, All change book	change	transitions	social behavior
<i>Interpersonal/</i>	Responsible Behavior	K-5 Lessons 5, 8	quaver video/ forgo! book	responsibility	responsibility	social behavior
<i>Effectiveness</i>						
<b>Campus Staff Development</b>						
Suicide- Prevention and Intervention			Texas Model for Comprehensive School Counseling Programs - Program Balance		Classroom Presentations	
David's Law - Cyberbullying			Quaver.com	responsibility	Academic / Personal Counseling	
Conflict Resolution			quaver.com	responsibility	Educational / Career / Personal / Social	
Mental Health			quaver.com	responsibility	Staff Development / Meetings / Parents	
	College Going Culture					