

## NEWSLETTER



## Message from Mr O'Regan

I hope you have had a restful summer and I am delighted to have welcomed our pupils back to excellent learning and friendship. They have settled well, been focussed in their lessons and left smiling.

This newsletter includes PE days for each class so you know when to send your child in their PE kit as well as a timetable of parent events, including opportunities to meet your child's teacher this month. We are also happy to announce a sports club after school daily (Pass and Move).

Following feedback, I am reviewing the booking procedures for breakfast club and afterschool club—I shall update you in next week's newsletter which will include a more efficient system, changes to timings and organisation which will be implemented later this month.

Finally, I am proud to welcome our new staff: Sophie Richardson and Joanna Owst (teachers), as well as Megan Green, Sarah Nenno–Smith and Natasha Farley (teaching assistants).











Class	In/Out	Door	
R - Puffins	8:30am - 3:00pm	Aviary playground door	
R - Ducklings	8:30am - 3:00pm	Reception cloakroom door	
Y1 - Robins	8:30am – 3:00pm	KS1 entrance door (garage side)	
Y1 - Blackbirds	8:30am – 3:00pm	Blackbirds entrance door	
Y2 - Kingfishers	8:30am – 3:00pm	KS1 playground door	
Y2 - Warblers	8:30am – 3:00pm	KS1 playground door	
Y3 - Nightingales	8:30am - 3:00pm	KS2 playground door	
Y3 - Sandmartins	8:30am - 3:00pm	KS2 playground door	
Y4 - Avocets	8:40am – 3:10pm	KS1 playground door	
Y4 - Oystercatchers	8:40am - 3:10pm	KS1 playground door	
Y5 - Herons	8:40am - 3:10pm	Staff entrance door	
Y5 - Cranes	8:40am - 3:10pm	Staff entrance door	
Y6 - Razorbills	8:30am – 3:00pm	Staff entrance door	
Y6 - Swifts	8:30am – 3:00pm Staff entrance door		
Doves	8:50am – 3:10pm	3:10pm Taxi door	

## Parent Events 2021-2022

Event	Date		
Year 1: Phonics Stay and Learn	28.09.2021		
Year 1 and Year 6 meet your child's teacher	20.09.2021 2:30 p.m.		
Year 2 and Year 5 meet your child's teacher	21.09.2021 2:30 p.m.		
Year 4 meet your child's teacher	22.09.2021 2:30 p.m.		
Year 3 meet your child's teacher	23.09.2021 2:30 p.m.		
Roald Dahl Day. Dress up as your favourite Roald Dahl Character. £1 donation please for the Roald Dahl Charity	30.09.2021		
Y6 residential week	11.10.2021		
Reception: Stay and Learn	12.10.2021		
Parent Consultation via TEAMS	20.10.2021 3:30p.m. to 5:30 p.m.		
Parent Consultation via TEAMS	21.10.2021 4:00 p.m. to 6:30 p.m.		
Last day of term 1	21.10.2021		
INSET	22.10.2021		
Class resume Term 2	01.11.2021		
Year 1 Talk for writing Assembly	09.11.2021 2:30 p.m. in the hall		
Doves Talk for writing assembly	10.11.2021 2:30 p.m. in the hall		
Year 2 Talk for writing Assembly	11.11.2021 2:30 p.m. in the hall		
Individual Photos	15.11.20		
Reception Talk for Writing Assembly	16.11.2021 2:30 p.m. in the hall		
New Reception for September 2022 events	22.11.2021 10:00 a.m. to 11:00a.m.		
New Reception for September 2022 events	23.11.2021 10:00 a.m. to 11:00 a.m. 6:00 p.m. to 7:00 p.m.		
Year 2 Phonics Screening (This is in place of the screening that would have taken place in year 1 prior to lockdown.)	Week commencing 06.12.2021		

Year 2 Talk for writing Assembly	11.11.2021 2:30 p.m. in the hall		
Individual Photos	15.11.20		
Reception Talk for Writing Assembly	16.11.2021 2:30 p.m. in the hall		
New Reception for September 2022 events	22.11.2021 10:00 a.m. to 11:00a.m.		
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Year 2 Phonics Screening (This is in place of	Week commencing 06.12.2021		
the screening that would have taken place			
in year 1 prior to lockdown.)			
Christmas Productions	Details to follow		
Last day of Term 2 and non-uniform day.	17.12.2021		
Wear your favourite Christmas jumper!			
Donation of £1 if requested if possible.			
Classes resume	05.01.2022		
Valentine cake sale in aid of the Connor	11.02.22. Please bring your baked		
Saunders Foundation. (The charity who	goods donations to the main office on		
helped us obtain our defibrillator)	the day.		
Last day of term 3	11.02.2022		
Classes resume Term 4	21.02.2022		
World Book Day come to school dressed as	03.03.2022		
your favourite book character. Donation of			
£1 requested if possible.			
Parent Consultation via TEAMS	14.03.2022 3:30 p.m. to 5:30 p.m.		
Parent Consultation via TEAMS	17.03.2022 4:00 p.m 6:30 p.m.		
Last day of term 4	31.03.2022		
INSET	01.04.2022		
INSET	19.04.2022		
Classes resume Term 5	20.04.2022		
SATS week	w/c 09.05.2022		
Last day of term 5	27.05.2022		
Classes resume Term 6 06.06.2021			
Year 4 Multiplication Checks	w/c 06.06.2022		
Year 1 and 2 Phonics Screening	w/c 06.06.2022		
Sports Day	EYFS/KS1 05.07.2022		
Sports day	KS2 06.07.2022		
Y6 Production	12.07.2022 and 13.07.2022		
Moving up afternoon	13.07.2022		
Y5 Activity Day and Sleepover	15.07.2022		
Y6 Activity Day	20.07.2022		
Y6 Leavers assembly	21.07.2022		

## PE days for Term 1

We ask that your child comes into school in PE kit on their PE day. Your child will remain in full PE kit for the whole day. Therefore, please remember to support your child in dressing appropriately for the weather.

### A reminder of the PE kit expectations

A white WSLPA t-shirt or plain white top

Dark green PE shorts

Dark green or black jogging bottoms/leggings

An unbranded sweatshirt or school jumper

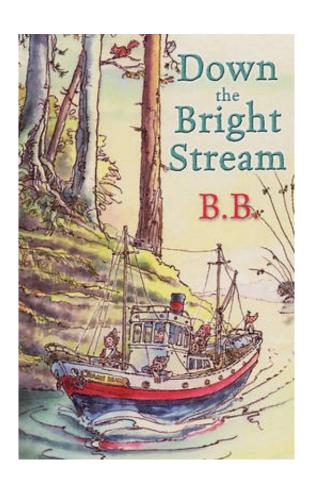
Black plimsolls or appropriate sports trainers

Puffins	Tuesday and Wednesday	
Duckings	Wednesday and Thursday	
Robins	Tuesday and Thursday	
Blackbirds	Tuesday and Thursday	
Warblers	Tuesday and Wednesday	
Kingfishers	Tuesday and Wednesday	
Sandmartins	Monday and Thursday	
Nightingales	Monday and Thursday	
Avocets	Tuesday and Friday	
Oystercatchers	Tuesday and Friday	
Herons	Monday and Thursday	
Cranes	Monday and Friday	
Razorbills	Wednesday and Thursday	
Swifts	Wednesday and Friday	

## Recommended Read (Upper KS2)

#### Down the Bright Stream I Author: BB

Dodder, Baldmoney, Cloudberry, and Sneezewort are the last four gnomes in Britain and were first introduced to us in the Carnegie Medal-winning book, The Little Grey Men. In this charming book their story continues and we find them tucked up in their cosy home, next to the Folly, for winter. But when they're awakened from their sleep with the terrible news that the Folly is drying up, they must pack up their belongings and head off in their boat, the Jeanie Deans, to find a new home where they can be safe once again. Along the way they face many dangers and their journey is sometimes perilous and packed with adventure.



#### After School Activities for Years 1 to 6



#### P+M AFTER SCHOOL MULTISPORTS

Pass+Move Ltd 07545 813 535 passmove@outlook.com pass-move.com

> /PassMoveBattle @PassMoveFC

Dear Parent,

We are pleased to inform you that from Monday 6th September Pass+Move will be running after school MultiSports Club for West St. Leonards Primary Academy.

Sessions will be running from 15.15 until 16.15. Sessions will be £4 per session. Payable a term in advance. The schedule is below.

Monday - KS2 'TENNIS/BADMINTON' Tuesday - KS1 'FOOTBALL' Tuesday - KS2 'MULTISPORTS' Wednesday - KS2 'FOOTBALL' Thursday - KS1 'MULTISPORTS'

PAYMENT MUST BE MADE VIA OUR ONLINE BOOKING SYSTEM.

Please go to www.pass-move.com and click on the tab for Booking School Clubs. Under this section you will find a secure online portal with relevent links for your specific school.

Children will need indoor and outdoor footwear and attire and plenty to drink.

Please note that if your child is not booked on 24 hours in advance to the first session they will not be able to take part and will be returned to the school office, who will in turn contact you. We require every child to be booked on correctly for Health and Safety and Safeguarding reasons. Should you wish to pay in cash please contact passmove@outlook.com to arrange making payment.

The Pass+Move Family

#### Please note:

- Bookings must be made and paid for in advance.
- Spaces may be limited and will be offered on a first come first served basis.
- If an outdoor session is not possible an indoor game/quiz session will be offered where facilities are available.

Company Registration Number:



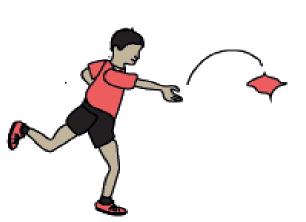
## Battleships: Level 2 PE Home Learning



Can you play by the rules and respect your opponent?

#### Time to Learn:

- With a partner, each player places three targets (battleships) in front of them.
   Place an additional battleship know as the 'ultimate battleship' in the middle.
- Players take turns to throw an object towards their opponent's battleships.
- Each time a battleship is hit, it is removed.
  If players hit the ultimate battleship they
  can add back one of their battleships that
  has been hit.
- The winner is the first player to hit all of their partner's battleships.



Play on your own! How many attempts does it take you to hit all three targets? Play for three minutes! The player with the most battleships at the end of the game is the winner.



Have a competition!
Create a league table and play against different family members.

### Top Tips

### Throwing Underarm

 Step forwards with one foot, releasing the ball from low to high using your opposite hand.

#### Let's Reflect

What did you learn after each throw to adapt for the next?

> How did you keep focused?







## **September Events**

1 <sup>st</sup> September 10am – 11am	7 <sup>th</sup> September 9am – 2pm	10 <sup>th</sup> September 10am – 11am	16 <sup>th</sup> September 10am – 11am	28 <sup>th</sup> September 9am - 2pm
Coffee Morning for Families of Children with a PDA Profile  Do you have a child with a PDA profile? Are you feeling isolated and in need of an off-load with people who get it?!  Then this is for you!	Social Skills Practitioner Training  Are you looking for a Communication & Interaction Intervention?  One that focuses on social skills & friendships?  Then this is for you!	Anxiety-led School Avoidance Support Group  Do you have an anxious child struggling to attend school and wanting to speak to others that understand?  Then this is for you!	Support Group for Families of Children with Behaviours that are Challenging  Do you have a child that struggles with anger and aggression? Are you looking for support?  Then this group is for you!	Social & Emotional Practitioner Training  Are you looking for an intervention to support Social, Emotional and Mental Health? Training and resources?  Then this is for you!
£1	£45 + Eventbrite Fee	£1 + Eventbrite Fee	£1 + Eventbrite Fee	£45 + Eventbrite Fee
Via Zoom	Via Zoom	Via Zoom	Via Zoom	Via Zoom
CLICK Q	CLICK (C)	CLICK (C)	CLICK R	CLICK (C)

www.childtherapyservice.org.uk

## **Open for Parents**

Open for Parents can offer help and support directly to parents, free of charge, as part of East Sussex's Early Help 0-19 Services provision. They provide a variety of online parenting courses, each with specific tips to help them deal with the most common behaviour problems.

For more information visit: Open for Parents



# Free Debt Advice

BHT Sussex offers a free Debt Advice Service for anyone living in East Sussex who is in debt and has been impacted by the Covid 19 pandemic.

Your debts may include:

- Rent or mortgage arrears
- Utility debts (e.g. electricity, gas, water)
- Council Tax arrears
- Credit card repayment arrears
- Catalogue debts
- Loan repayment arrears

We can provide free advice to help you understand your debts, liaise with creditors and look at the best way to deal with your debts and manage your finances.

# EastbourneAdvice@bht.org.uk 01323 642615 or 07385 491271



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BUDGET





## Without Walls

10 Week Outdoor Survival Course



Where: Shornden Meadow in Alexandra Park (meet outside ASDA café)

Who: Local adults in receipt of ESA/JSA/Universal Credit

Cost: Free for all participants

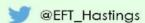
When: Wednesdays 22nd September - 1st December 2021, 10am - 2.00pm

(excluding 27th October)

Enrolment session Wednesday 15th September 2021, 10am - 12noon

**BOOKING ESSENTIAL - LIMITED PLACES** 

Contact the EFT office on 01424 722241 or sharb@educationfuturestrust.org









Where: EFT Community & Early Years Centre, 464 Bexhill Road, St Leonards

**TN38 8AU** 

Who: Parent/carer/grandparent 19+ with under 5s

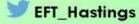
(priority given to those in receipt of benefits)

Cost: FREE

When: Tuesdays, 21st September - 19th October 2021, 1 - 2.30pm



To book your place, contact us on 07375 884047 or frans@educationfuturestrust.org







Our children. Our families. Our community

Registered Charity Number: 1146171 Company Number: 7852922 Patron: Baroness Stedman Scott OBE