



WEBINARS



Parents as Partners 2021-2022

FALL SEMESTER: EIGHT WEBINARS FOR SCHOOL PARENTS

OFFERED BY THE NEAR EAST SOUTH ASIA COUNCIL OF OVERSEAS SCHOOLS (NESA)

About the Series

Join with parents across the NESA region to hear from distinguished specialists and to explore and learn new strategies in support of your child as a learner.

Years of research reveal that schools that partner with parents positively impact student growth and achievement. This series will address child development within the context of family and school.

When to Join

Webinars will take place on Tuesdays twice a month, **September to December, 2021**.

Each webinar will be 1 hour: **4:00-5:00pm GMT+3/+2** (Athens, Greece time. Note: Daylight Savings Time ends in Greece on October 31, 2021.)

To see what time this is in your local time zone, please visit [this link](#).

WEBINAR DATES

Tuesday, September	7	21	4pm GMT+3
Tuesday, October	5	19	4pm GMT+3
Tuesday, November	2	16	4pm GMT+2
Tuesday, December	7	14	4pm GMT+2

How to Join

Please register in advance at any time *before* the webinars at the following link:

https://nesacenter-org.zoom.us/webinar/register/WN_twD9UwmCRQOyV75Zej1FjQ

After registering, you will receive an email with the subject “Your Link to Join Parents as Partners”. The email will contain a *personalized* link to join the webinars. This link is unique to you: please do not share it. This single link will allow you to access *ALL EIGHT* webinars. If you lose it, please register again and you will receive a new link.

Webinar Protocols

- If you have not joined a Zoom meeting before, please begin your login process 15 minutes prior to the start of the first session to allow for system set up.
- Please note that **your video and audio will be disabled** during this webinar.
- Use the **Q&A** panel to ask the presenter questions.
- Use the **CHAT** panel to share insights with session participants.
- The meeting will be recorded and shared.

About the Webinars

WEBINAR 1: September 7, 2021

Journeying Together: Parents as Partners in Social Emotional Learning

Presented by ELLEN MAHONEY

An exploration of the inner work required of the adults in young people's lives. What mindsets and social emotional competencies can we strengthen to learn alongside our youth while guiding them towards a life of fulfillment and meaningful societal contribution? Through the lens of Adult SEL, participants will explore some of the most important Adult SEL competencies and create a plan for deeper reflective practice as parents.

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WEBINAR 2: September 21, 2021

A Parent's Guide to the Science of Attention

Presented by **ANDREW WATSON**

We've all asked this question too many times: "Why don't children just pay attention?" Sometimes we follow up with another: "Can't all this new brain research give us some practical insights?" Sure enough, brain research CAN give powerful advice, by revealing that we have been starting with the wrong question.

Decades of neuroscience and psychology research have shown that – surprise! – attention is not one unified brain process. Instead, the behavior we call "paying attention" results from a just-right balance of three (yes, 3!) distinct mental functions. When adults foster those three neural processes, children find that ideal cognitive balance where they can focus. Focus at school. Focus at home, even focus at the dinner table.

This lively and practical talk – based on years of classroom experience, and decades of brain research – provides both fresh brain perspectives and practical parenting strategies.

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WEBINAR 3: October 5, 2021

In Our Classrooms, In Our Schools: What is the Story of Learning?

Presented by **MARK CHURCH**

Many international schools strive to create a culture where learning is relevant, connected, and driven by curiosity for and among all learners. Yet this aim can easily get buried in the day-to-day business of education, where the pressures are high and the mandates are many.

The researchers and collaborators with the Harvard Project Zero Cultures of Thinking initiative collaborate closely with schools to consider these questions:

- Just what would it mean for classrooms to take on an intentional stance to cultivate and grow thinking habits in students that supports their inquiry, their skill development, and their meaning-making?

- What difference does paying attention to developing students' thinking dispositions make to what students can take with them long into adulthood?

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WEBINAR 4: October 19, 2021

Getting the Most from the Marshall Memo

Presented by KIM MARSHALL

Every week, Kim Marshall reads and skims about 150 articles from a wide range of publications and chooses 8-10 that are most relevant for K-12 educators and families. He then writes a short summary of each and sends the Marshall Memo to subscribers around the world. In this webinar, Kim will describe how the Memo got started 18 years ago, how it's evolved, and how you can put it to best use.

WEBINAR 5: November 2, 2021

Neutral Spaces: Tips and Tools for Avoiding Power Struggles

Presented by JOY MARCHESE

Do you find yourself feeling overwhelmed, frustrated and constantly losing your temper because your kids “never listen?” Do you find yourself yelling, nagging, lecturing, threatening and/or bribing way more than you'd like? Are you ready to learn how to calm the chaos and create more PEACE and CONNECTION in your home?

This session will help you learn how to increase cooperation and end the power struggles, so you can have a family life filled with more calm, connection, joy and FUN!

We will cover the following:

- WHY you get into power struggles with your children;

- Specific STEPS you can take and TOOLS you can use to end a power struggle;
- What to do to PREVENT power struggles in the future.

So you can...

- guide your children without yelling, nagging, lecturing, threatening or bribing;
- set loving limits effectively and respectfully;
- create a deeper connection with your children;
- feel more confident in your parenting approach;
- have more peace, calm, cooperation and FUN within your family.

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WEBINAR 6: November 16, 2021

Writing the New Story of Wholeness, Integration and Inclusion

Presented by KAVITA TANNA

Achieving wholeness, integration and inclusion requires conversation, reflection and learning. Schools have recently undertaken all of these things in earnest in order to foster a sense of belonging for all members of the school community. This means decolonizing the curriculum, increasing awareness of how language matters and transforming instructional practices.

In this webinar, we will identify why this work is needed, define the terms being used and review what schools are doing globally. This webinar will help you to understand the significance and value of this work for all members of the learning community to feel respected, to remember how connected we are and to reconnect to our sense of equity for all humans. You will leave with recommendations of how to engage your children in this meaningful conversation for belonging through a new story of wholeness, integration and inclusion.

WEBINAR 7: December 7, 2021

At What Cost? Defending Adolescent Development in Fiercely Competitive Schools

Presented by DAVID GLEASON

Anxiety, depression and their dangerous manifestations – substance abuse, eating disorders, self-injury and suicide – are increasing student conditions in competitive high schools around the world. Paradoxically, most of these schools promote themselves as being committed to students' holistic development in academics, athletics and the arts, and in their personal, social and emotional growth. So why are so many students struggling?

In this webinar, Dr. Gleason reviews the various ways in which parents and educators alike are actually contributing to how and why it is that students are struggling. Dr. Gleason then offers realistic ways that adults can work together to create healthier and more balanced schools.

TARGET AUDIENCE: All levels, but particularly middle and high school parents.

WEBINAR 8: December 14, 2021

Positive Education and the Science of Wellbeing

Presented by KRISTIN LOWE

In this interactive workshop, we'll provide a brief overview of Positive Education – what it is, what it isn't, and how it supports student wellbeing and academic performance. Then we'll explore an evidence-based Positive Education framework called SEARCH which highlights the six key wellbeing domains of Strengths, Emotional Management, Attention & Awareness, Relationships, Coping, and Habits & Goals.

Participants will be invited to conduct a quick Family Wellbeing Audit and identify areas of strength along with opportunities for growth. Practical tools and resources will be provided to help parents and caregivers build each of these wellbeing pathways at home.

Please visit the NESAC website for more information and speaker biographies:

<https://www.nesacenter.org/events/2021-2022-nesa-program/webinars/parents-as-partners-series>



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